



## OREM RECREATION DEPARTMENT 2026 COACH PITCH LEAGUE RULES

**Coach Pitch:** This program is for boys and girls 6, 7, and 8 years old. The coach will pitch to each batter on his team.

1. Each batter will be allowed five pitches, one of which must result in a playable ball.
2. A pitch may be an over hand throw or an underhand throw.
3. A playable ball is a batted ball that is hit by the bat into and stays in fair play territory.
4. If a playable ball does not result from one of these swings, the batter will receive a walk and take their place at first base.
5. Runners cannot leave base until ball is hit by batter.
6. Every member of the team bats in rotation each inning (not just the fielders).
7. Each team is allowed to play all players on the field. The pitcher must be on either side of the mound at the time of the hit, the catcher behind the plate, and the 10th person in the outfield grass. All may move anywhere at the time of contact with the ball.
8. A game will consist of 4 innings or 50 minutes, whichever is first.
9. If a ball is caught while in flight this will result in an out. If a play is made on a base where a “force” is available if the throw reaches the base before the runner that runner will be out. In cases where it may be too close to call the runner will be safe. Remember that even though you may get 3 outs, each team will still bat through their line-up.

10. The last batter can run until the ball is held by a team player who touches home plate.
11. Each player should have a baseball glove.

**\*An air horn will sound once on the hour to signal the start of a game, and twice at 50 minutes to signal that the games need to finish the inning they are in so the next teams can start play at the beginning of the hour.**