

OREM RECREATION

spring/summer 2026

**SWIMMING
LESSONS**

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**SCERA
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OUR FACILITY

BUILT IN 2021, OREM FAMILY FITNESS CENTER HAS BEEN A HOME TO MANY OREM RESIDENTS. HERE'S WHAT WE HAVE TO OFFER:

- TOP OF THE LINE FITNESS EQUIPMENT
- STUDIOS WITH 100+ FITNESS CLASSES
- RACQUETBALL COURTS
- ELEVATED INDOOR TRACK
- ADULT, TEEN, AND CHILD CLASSES
- SPIN STUDIO + 2 MULTIUSE STUDIOS
- INDOOR PLAYGROUND
- TEEN LOUNGE
- 50M LAP POOL
- LEISURE POOL
- HOT TUB
- STEAM ROOM
- MULTIPURPOSE ROOM
- BRAND NEW COURTS WITH DROP-IN SPORTS INCLUDING PICKLEBALL, VOLLEYBALL, AND BASKETBALL

**SPORTS DROP-IN
CALENDAR:**



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OREMRECREATION.COM

FOLLOW US ON SOCIAL MEDIA!

 @OREMRECREATION

 @OREM_RECREATION

MEMBERSHIP PRICES

RESIDENT/NON-RESIDENT

DAILY ADMISSION

INFANT (0 - 2)	FREE
CHILD (3 - 13)	\$5.50
ADULT (14 - 59)	\$6.50
SENIOR (60+)	\$5.50

ANNUAL PASSES

**TAXES NOT INCLUDED*

INDIVIDUAL	\$275/\$335
STUDENT	\$220/\$275
COUPLE	\$395/\$480
FAMILY	\$485/\$585
SENIOR	\$155/\$190
SENIOR COUPLE	\$310/\$380

MONTHLY PASSES

**TAXES NOT INCLUDED*

***\$45 ACTIVATION FEE TO START*

INDIVIDUAL	\$27/\$37
STUDENT	\$22/\$31
COUPLE	\$39/\$49
FAMILY	\$45/\$55
SENIOR	\$17/\$27
SENIOR COUPLE	\$34/\$54

REGULAR HOURS

MONDAY-SATURDAY

FITNESS CENTER	5AM - 10PM
LEISURE POOL	5AM - 10PM
TOYS	SEE PAGE 16
LAP POOL	5AM - 10PM
DROP-IN SPORTS	5AM - 10PM

PASS CATEGORY DEFINITIONS

INDIVIDUAL: DEFINED AS A PERSON AGE 14-59.

STUDENT: DEFINED AS ACTIVELY ENROLLED IN SCHOOLING. DISCOUNT CANNOT BE COMBINED WITH ANY OTHER OFFER.

COUPLE: DEFINED AS TWO PERSONS LIVING IN THE SAME HOUSEHOLD, FILING A JOINT TAX RETURN.

FAMILY: DEFINED AS A LEGALLY MARRIED COUPLE AND THEIR UNMARRIED LEGALLY DEPENDENT CHILDREN UNDER AGE 24 LIVING IN THE SAME HOUSEHOLD AND ALL CLAIMED ON THE SAME TAX FORM.

SENIOR: DEFINED AS A PERSON 60 YEARS OF AGE OR OVER.



ANNUAL BIRTHDAY WEEK SALE

MARCH 16-21, 2026

20% OFF MEMBERSHIPS*

*APPLIES TO ANNUAL MEMBERSHIPS ONLY,
EXCLUDES ALREADY DISCOUNTED MEMBERSHIPS

SCERA POOL PASS SALE

APRIL 6-18, 2026

MEMBERSHIP INFO

MEMBERSHIP CANCELLATIONS

MONTHLY MEMBERSHIPS

CANCELLATIONS OR CHANGES TO MONTHLY MEMBERSHIPS MUST BE REQUESTED AT LEAST 7 DAYS BEFORE THE NEXT PAYMENT IS SCHEDULED VIA WRITTEN CONFIRMATION ONLINE. PAYMENTS CONTINUE INDEFINITELY ON A MONTHLY BASIS UNTIL CANCELLATION IS REQUESTED VIA THE CANCELLATION FORM. CANCELLATION FORMS FOUND ONLINE AT: [ORECREATION.COM/FITNESS-CENTER-HOURS-AND-PRICING](https://orecreation.com/fitness-center-hours-and-pricing)

ANNUAL MEMBERSHIPS

PURCHASERS OF THE ANNUAL PAID IN FULL MEMBERSHIP RECEIVE A DISCOUNT WHEN JOINING FOR THE YEAR. IF THAT CONTRACT TERM IS NOT HONORED THROUGH CANCELLATION, THE MEMBERSHIP WILL NOT BE ELIGIBLE FOR A PRORATED REFUND, BUT MAY BE ELIGIBLE FOR A PARTIAL REFUND BASED ON A SET FEE STRUCTURE.

OREM BUSINESS PASSES

SETTING UP A BUSINESS PASS AT THE OREM FITNESS CENTER IS A GREAT WAY TO GIVE YOUR EMPLOYEES THE GIFT OF FITNESS. EMPLOYERS NEED A COMPETITIVE EDGE WHEN IT COMES TO RECRUITING, HIRING, AND RETAINING EMPLOYEES AND A PASS TO THE BRAND NEW OREM FAMILY FITNESS CENTER COULD BE JUST THE THING TO PUT YOUR BUSINESS OVER THE TOP. DISCOUNTS START AT 10% FOR 5-19 EMPLOYEES, 20% FOR 20+ EMPLOYEES. CONTACT OUR OFFICE FOR MORE DETAILS.

KARL HIRST SCHOLARSHIP FUND

AS AN OREM CITY POLICE OFFICER FOR 23 YEARS AND LATER AS THE DIRECTOR OF RECREATION, KARL WAS PASSIONATE ABOUT HELPING KIDS ACCESS SPORTS AND RECREATION, REGARDLESS OF FINANCIAL BARRIERS. DONATIONS TO THIS SCHOLARSHIP FUND WILL COVER FEES AND EXPENSES FOR UNDERPRIVILEGED CHILDREN SO THEY HAVE THE OPPORTUNITY TO PARTICIPATE IN THESE ACTIVITIES.

INTERESTED PARTIES CAN ACCESS UP TO \$50 PER CHILD UNDER THE AGE OF 18 TO USE FOR OREM RECREATION PROGRAMS AND CLASSES. REACH OUT TO SHELBY PECK ([SPECK@OREM.GOV](mailto:speck@ore.gov)) TO LEARN HOW TO APPLY AND HOW TO QUALIFY.

INTERESTED IN DONATING TO THIS FUND?

SCAN THIS QR CODE. ALL FUNDS GO TOWARDS RECREATION OR SPORTS OPPORTUNITIES FOR YOUTH LIVING IN OREM.



CHILD CARE

HOURS: MON-FRI | 8AM-12PM, 4PM-9PM | SAT 8AM-12PM

AGE: 3 MONTHS-8 YRS OLD

FEE: \$3/HOUR/CHILD OR \$22/MONTH/CHILD

REGISTER ONLINE - NOT INCLUDED IN FACILITY MEMBERSHIP

WE PROMISE TO PROVIDE A SAFE, HEALTHY, AND NURTURING ENVIRONMENT FOR YOUR CHILD WHILE YOU ENJOY THE OFFERINGS OF THE FITNESS CENTER. WE USE KIDCHECK TO ENSURE SAFE CHECK IN AND OUT OF YOUR CHILD. TO GET AHEAD BEFORE YOUR VISIT, SIGN UP TODAY WITH KIDCHECK OR PURCHASE A MONTHLY PASS.

SIGN UP FOR
KIDCHECK HERE:



SEE MORE
INFO ONLINE:



PRIVACY POLICY

THE CITY OF OREM IS COMMITTED TO PROTECTING YOUR PRIVACY. THE PURPOSE OF THIS STATEMENT IS TO INFORM THOSE INITIATING, UPDATING, INQUIRING, OR TERMINATING SERVICES WITH THE CITY OF OREM WHERE PERSONALLY IDENTIFIABLE INFORMATION IS COLLECTED OR PROCESSED. VIEW PRIVACY POLICY HERE:



CHILD + YOUTH PROGRAMS



NEW PARENT AND TOT: **MUSIC AND MOVEMENT DANCE CAMP**

DATES: TUE/WED | FEB 3-24 (10-10:45AM OR 11-11:45AM) | FEB 4-25 (10:30-11:15AM)

AGE: 18 MONTHS-3 YEARS

FEE: \$34/MONTH

REGISTER NOW UNTIL FILLED

TUMBLE, GIGGLE, AND GROOVE WITH YOUR LITTLE ONE AS WE EXPLORE MUSIC AND MOVEMENT TOGETHER! THIS SPECIAL BONDING TIME USES SIMPLE SONGS AND PROPS TO HELP TODDLERS DISCOVER RHYTHM AND PRACTICE NEW WAYS TO MOVE. REQUIRES HANDS-ON HELP FROM AN ADULT AT ALL TIMES. ONE ADULT PER CHILD REQUIRED. NO ADDITIONAL CHILDREN PERMITTED.

NEW ADAPTIVE TUMBLING

DATES: SAT | MAR 14-MAY 16 | 9:50-10:35AM (AGE 5-8), 10:40-11:25AM (AGE 9-12)

AGE: 5-8, 9-12

FEE: \$34

REGISTER ANYTIME

HIS CLASS IS DESIGNED FOR KIDS WITH MILD TO MODERATE INTELLECTUAL DISABILITIES AND SPECIAL NEEDS TO DEVELOP MOTOR SKILLS, COORDINATION, AND BODY AWARENESS. BASIC TUMBLING ACTIVITIES TAUGHT, OFTEN WITH MODIFICATIONS AND ADAPTATIONS, IN A SUPPORTIVE ENVIRONMENT TO BUILD STRENGTH, BALANCE, AND CONFIDENCE. PARENT/GUARDIAN MUST STAY TO OBSERVE.

SPRING DANCE CLASSES AND RECITAL

REGISTRATION OPENS IN FEB

CLASSES BEGIN IN APRIL. RECITAL OCCURS AT OREM LIBRARY HALL ON JUNE 25. AGES 3-12. CLASS TYPES AVAILABLE: CREATIVE MOVEMENT, PRE-BALLET, BALLET, HIP-HOP AND JAZZ.

SUBSCRIPTION CLASSES

WE NOW OFFER SUBSCRIPTION DANCE AND GYMNASTICS LESSONS THAT FIT YOUR SCHEDULE. IT'S SIMPLE: YOU CHOOSE WHAT DAYS AND TIMES WORK BEST FOR YOU AND YOU'RE READY TO GO. YOU DECIDE HOW OFTEN YOU WOULD LIKE TO ATTEND AND WHAT DAYS AND TIMES WORK. CLASSES DON'T HAVE A START OR END DATE, THEY ARE ONGOING UNTIL YOU CHOOSE TO CANCEL YOUR SUBSCRIPTION.

SUBSCRIPTION GYMNASTICS, CHEER AND TUMBLING CLASSES

DATES: MON-FRI | VARIOUS TIMES

AGE: 18 MONTHS-12 YEARS

FEE: \$34/MONTH PER 1 CLASS/WEEK

REGISTER ANYTIME

CLASS TYPES AVAILABLE: TUMBLING, GYMNASTICS, CHEER. CLASSES ARE ONGOING UNTIL YOU CHOOSE TO CANCEL YOUR SUBSCRIPTION. LESSONS WILL BE CHARGED ON THE FIRST OF EVERY MONTH.

SUBSCRIPTION DANCE CLASSES

DATES: MON-FRI | VARIOUS TIMES

AGE: 3-12

FEE: \$34/MONTH PER 1 CLASS PER WEEK

REGISTER ANYTIME

CLASS TYPES AVAILABLE: CREATIVE MOVEMENT, PRE-BALLET, AND BALLET. CLASSES ARE ONGOING UNTIL YOU CHOOSE TO CANCEL YOUR SUBSCRIPTION. NO RECITALS ARE HELD FOR SUBSCRIPTION CLASSES. LESSONS WILL BE CHARGED ON THE FIRST OF EVERY MONTH.



DANCE



GYMNASTICS, TUMBLING
& CHEER

BOULDERING

BOULDERING 1 (INTRO)

DATES: MON & WED | FEB 23-APR 1 | 6-6:50PM

AGE: 6+

FEE: \$85/10 LESSON SESSION

[REGISTER NOW UNTIL FEB 23](#)

OUR INTRO CLASS IS A GREAT PLACE TO LEARN THE VERY BASICS OF CLIMBING. CLIMBERS WILL LEARN FOUNDATIONAL TECHNIQUE, ETIQUETTE, AND SAFETY AS WELL AS CLIMBING-FOCUSED WARM UPS AND WORKOUTS. NO PRIOR CLIMBING EXPERIENCE IS REQUIRED (VB-V0 ROUTES).

BOULDERING 2 (BASIC)

DATES: MON & WED | FEB 23-APR 1 | 7-7:50PM

AGE: 6+

FEE: \$85/10 LESSON SESSION

[REGISTER NOW UNTIL FEB 23](#)

OUR BASIC CLASS WILL HELP ACHIEVE THE ABILITY TO CLIMB MORE DIFFICULT ROUTES WITH CONTINUED WORK ON BASIC CLIMBING TECHNIQUES AND SKILLS (V0-V1 ROUTES).

BOULDERING 3 (INTERMEDIATE)

DATES: TBD

AGE: 6+

FEE: \$85/10 LESSON SESSION

[REGISTRATION OPENING SOON](#)

THIS CLASS IS FOR MORE CAPABLE AND ATTENTIVE CLIMBERS WITH SOME EXPERIENCE WHO ARE READY FOR INTERMEDIATE-LEVEL TECHNIQUES, INCREASED DIFFICULTY IN ROUTES AND STRENGTH TRAINING. RECOMMENDED TO THOSE WITH SOME EXPERIENCE OR THOSE WHO HAVE SUCCESSFULLY BEEN ATTENDING THE BOULDERING 2 CLASSES AND ARE READY FOR A MORE ADVANCED CLASS (V1+ ROUTES).



KUNG FU

DATES: TUE & THU | JAN 27-MAR 5 |

5-5:50PM

AGE: 7-13

FEE: \$102

[REGISTER NOW](#)

KUNG FU IS A CHINESE MARTIAL ART, A STYLE OF FIGHTING THAT INVOLVES SPECIAL PUNCHES AND KICKS. KUNG FU MARTIAL ARTS ARE AN EFFECTIVE AND EFFICIENT WAY TO LEARN SELF-DEFENSE. JOIN THIS CLASS TO GET A GLIMPSE OF THIS ANCIENT ART AND WHAT IT HAS TO OFFER.

BRAZILIAN JIU-JITSU

DATES: TUE & THU | FEB 24-APR 2 |

4-4:50PM

AGE: 7-13

FEE: \$102

[REGISTER NOW](#)

BRAZILIAN JIU-JITSU IS A SELF-DEFENSE MARTIAL ART AND COMBAT SPORT BASED ON GRAPPLING, GROUND FIGHTING AND SUBMISSION HOLDS. JOIN US ON THE MATS TO UNLOCK YOUR POTENTIAL AND BUILD RESILIENCE.

READY FOR MORE CLASSES LIKE THESE?

- **WRESTLING**
 - PAGE 8
- **WOMEN'S SELF DEFENSE CLASS**
 - PAGE 15

CHILD + YOUTH PROGRAMS



TENNIS

DATES: APR 6-23 (SESSION 1) | MAY 4-21 (SESSION 2) | JUN 1-18 (SESSION 3)

AGE: 4-16

FEE: \$48/SESSION*

LOCATION: WINDSOR OR CASCADE PARK

REGISTER NOW UNTIL FIRST DAY OF EACH SESSION

CLASSES ARE TAUGHT USING THE LATEST USA TENNIS ASSOCIATION TEACHING METHODS. STUDENTS NEED TO PROVIDE THEIR OWN TENNIS RACKET. CLASS SIZES WILL VARY FROM 6-8 PER CLASS. CLASSES ARE TAUGHT AT WINDSOR AND CASCADE TENNIS COURTS AND WILL BE ONE HOUR, TWICE A WEEK, FOR THREE WEEKS. AGES AND TIME DEPEND ON SESSION. *\$10 FEE FOR LATE REGISTRATION BEGINS ON FIRST DAY OF EACH SESSION, PENDING SPACE AVAILABILITY.

CUTA TENNIS LEAGUE

DATES: JUN 1-JUL 16 | 11AM-1PM (PRACTICES), 9-11AM (MATCHES)

AGE: 8-14

FEE: \$100*

LOCATION: COMMUNITY PARK COURTS

REGISTER NOW UNTIL JUN 1

LEAGUE BEGINS JUNE 2. BOYS LEAGUE PRACTICES WEDNESDAYS AND THURSDAYS WITH MATCHES PLAYED ON MONDAYS. GIRLS LEAGUE PRACTICES WEDNESDAYS AND THURSDAYS WITH MATCHES PLAYED ON TUESDAYS. *\$10 FEE FOR LATE REGISTRATION BEGINS JUNE 2, PENDING SPACE AVAILABILITY.

GIRL'S FAST PITCH SOFTBALL

DATES: TUE & THU | MAY 12-JUL 10 | 5-9PM

GRADES: 3-4, 5-6, 7-9

FEE: \$75/CHILD*

LOCATION: OREM ELEMENTARY FIELDS

REGISTER NOW UNTIL APR 12

POST-SEASON TOURNAMENTS WILL END AROUND THE MIDDLE TO END OF JULY. GAMES ARE PLAYED AT THE OREM ELEMENTARY SOFTBALL FIELDS. THE FEE INCLUDES A TEAM T-SHIRT AND NINE REGULAR SEASON GAMES. BATS AND BALLS ARE PROVIDED, BUT PARTICIPANT NEEDS TO HAVE A SOFTBALL GLOVE AND A BATTING HELMET WITH FACEMASK. HATS AND SOFTBALL CLEATS ARE OPTIONAL (NO METAL CLEATS ALLOWED). GIRLS WILL SIGN UP IN THE GRADE THAT THEY ARE IN DURING THE CURRENT SCHOOL YEAR. *\$10 FEE FOR LATE REGISTRATION BEGINS APRIL 19.

YOUTH RACQUETBALL CLINIC

DATES: MON-THU | JUN 8-11 | 10-11:30AM

AGE: 8-16

FEE: \$40

LOCATION: OREM FAMILY FITNESS CENTER

REGISTER NOW UNTIL JUN 1

OUR SUMMER RACQUETBALL CLINIC IS THE PERFECT PLACE FOR KIDS AND TEENS TO DIVE INTO THE FAST-PACED WORLD OF RACQUETBALL! WHETHER YOU'RE A BEGINNER OR LOOKING TO SHARPEN YOUR SKILLS, OUR EXPERIENCED COACHES WILL GUIDE YOU EVERY STEP OF THE WAY.

OREM YOUTH TRACK & FIELD CLUB

DATES: MON & WED | APR 13-JUN 4 | 5-6PM (PRACTICES) & 5-7:30PM (MEETS)

AGE: 7-14

FEE: \$65 (RESIDENTS) | \$75 (NON-RESIDENTS)

LOCATION: PRACTICES HELD AT MVHS TRACK. MEETS HELD AT VARIOUS LOCATIONS (OREM, PROVO, HEBER)

REGISTER NOW UNTIL APR 13

TRACK IS FOR AGES 7-14. PARTICIPANTS SHOULD WEAR GOOD RUNNING SHOES.

WRESTLING

DATES: WED | MAR 4, 11, 18, 25 | 5:30-6:30PM

GRADES: 1-6

FEE: \$53 (RESIDENTS) | \$63 (NON-RESIDENTS)

LOCATION: TIMPANOGOS HIGH SCHOOL WRESTLING ROOM

REGISTER NOW UNTIL MAR 4

CONTINUE LEARNING YOUR SKILLS BY TAKING WRESTLING CLASSES. ALL SKILL LEVELS WELCOME. LIMIT 30 PARTICIPANTS

COMMUNITY PARTNERS

BASEBALL

OREM YOUTH BASEBALL

THE GOAL OF OREM YOUTH BASEBALL IS TO PROVIDE A FUN AND EDUCATIONAL APPROACH TO BASEBALL. VISIT

OYBASEBALL.COM

SOCCER

OREM YOUTH SOCCER

THIS LEAGUE IS INTENDED TO BE AN INTRODUCTION INTO YOUTH SOCCER FOR PLAYERS AGES 4-18 AND AN ENVIRONMENT FOR PLAYERS WISHING TO CONTINUE TO PLAY FOR SOCIAL AND RECREATIONAL REASONS. VISIT UVUFC.ORG/RECREATION

CELTIC SOCCER - ACADEMY

THIS ACADEMY FOCUSES ON HELPING PLAYERS DEVELOP A LOVE FOR THE GAME. OPEN TO PLAYERS AGES 5-8 OF ANY SKILL LEVEL.

VISIT UTAHCELTIC.COM/ACADEMY

YOUTH BASEBALL

DATES: SAT | JUN 6-JUL 18 | **GAMES TIMES BETWEEN 9AM-3PM**

FEE: \$51*

LOCATION: CITY CENTER PARK AND OREM ELEMENTARY FIELDS

[REGISTER NOW UNTIL MAY 3](#)

AGE DETERMINED AS OF APR 12, 2026. THIS PROGRAM INCLUDES A T-SHIRT, HAT, AND 6 GAMES WHICH WILL BE PLAYED ON SATURDAY MORNINGS/AFTERNOONS. GAME BALLS, BATS, AND A TEE WILL BE PROVIDED BUT EACH PARTICIPANT NEEDS TO HAVE A BASEBALL/SOFTBALL GLOVE. *\$10 FEE FOR LATE REGISTRATION BEGINS APRIL 10.

- **T-BALL (AGE: 4-6)**
- **COACH PITCH (AGE: 6-8)**
- **MACHINE PITCH (AGE: 8-11)**



INTERESTED IN BECOMING A VOLUNTEER COACH?

OUR COACHES HAVE THE OPPORTUNITY AND THE RESPONSIBILITY TO TEACH VALUABLE LESSONS THAT CAN IMPACT THE DEVELOPMENT OF A CHILD FOR A LIFETIME.

VISIT OREMRECREATION.COM/COACH TO LEARN MORE. COACHES RECEIVE DISCOUNTS FOR FUTURE PROGRAMS.

FISHING

DATES: THU | APR 23-MAY 28 | **6-8PM**

AGE: 7-13

FEE: \$35

LOCATION: VIVIAN PARK (PROVO CANYON)

[REGISTER NOW UNTIL APR 22](#)

THIS PROGRAM IS TEAMED UP WITH THE UTAH DIVISION OF WILDLIFE RESOURCES THAT WILL EDUCATE YOUTH ON CASTING, KNOT TYING, PROPER USE OF FISHING EQUIPMENT, BIOLOGY, DIVERSITY, AQUATIC ECOLOGY, WATER CYCLES, FISHERIES MANAGEMENT AND ETHICS AND MOST IMPORTANTLY THE FUN OF FISHING! BRINGING YOUR OWN EQUIPMENT (FISHING ROD) IS RECOMMENDED. *\$10 FEE FOR LATE REGISTRATION BEGINS APRIL 23, PENDING SPACE AVAILABILITY.

HILLCREST CHILD + YOUTH PROGRAMS

SUBSCRIPTION MERO'S PRESCHOOL PROGRAM

DATES: MON/WED/FRI | JAN 5-MAY 9 | 9-11:30AM OR 12-2:30PM

AGE: 3-5

FEE: \$175/MONTH

[REGISTER NOW](#)

THIS PROGRAM PROVIDES CHILDREN WITH THE POSITIVE INTELLECTUAL STIMULATION AND SOCIAL SKILLS THEY NEED TO PREPARE FOR SCHOOL. EACH CLASS OFFERS A RICH CURRICULUM THAT DEVELOPS EACH CHILD'S CONFIDENCE AND SELF-ESTEEM. START AND STOP ANYTIME. MUST BE POTTY TRAINED.



PRESCHOOL SPORTS CAMPS

DATES: TUE/THU | 10-10:50AM

AGE: 3-5

FEE: \$38/MONTH

[REGISTER NOW](#)

FUN SPORTS CAMPS FOR PRESCHOOL AGED KIDS. FOCUS ON THE VERY BASIC FUNDMANENTALS OF EACH SPORT AND MOST IMPORTANTLY HAVING FUN. WE ROTATE SPORTS EACH MONTH BETWEEN: BASKETBALL, SOCCER, TBALL, TRACK AND FIELD AND FOOTBALL. EACH PARTICIPANT RECEIVES A T-SHIRT.

YOUTH PICKLEBALL LEAGUE

DATES: TUE & THU | JUN 2-9 | VARIOUS TIMES

GRADE: 8-15

FEE: \$72

[REGISTER MAR 3-JUN 1](#)

LEAGUE RUNS FOR 6 WEEKS. ONE HOUR PRACTICES TUESDAY MORNINGS (9 OR 10 AM START TIME) AND MATCHES THURSDAYS. (8, 9, OR 10 AM START TIME). PLEASE BRING A PADDLE. LOCATION OF MATCHES WILL VARY BETWEEN OREM AND OTHER SURROUNDING CITIES. BEGINNER AND INTERMEDIATE LEVEL FOR MATCHES.

MONTHLY YOUTH PICKLEBALL CLINIC

DATES: DAYS/TIMES VARY EACH MONTH

GRADE: 3-6

FEE: \$38

[REGISTER ANYTIME](#)

THIS INSTRUCTIONAL LEAGUE AIMED TO TEACH THE FUNDAMENTALS TO KIDS AND INTRODUCE THEM TO THE GAME OF PICKLEBALL, WHILE HAVING FUN. VOLUNTEER PARENT COACHES NEEDED

NEW YOUTH VOLLEYBALL SUMMER LEAGUE

DATES: SAT | MAY 16-JUN 20 | GAMES BETWEEN 9AM-5PM

GRADE: 5-6

FEE: \$150/TEAM

[REGISTER NOW UNTIL MAY 3](#)

NEW COED VOLLEYBALL LEAGUE. RUNS FOR 6 WEEKS ON SATURDAYS. REGISTRATION IS TAKEN ON A TEAM BASIS ONLY. NO INDIVIDUAL SIGNUPS. EACH TEAM MUST PROVIDE A COACH FOR THE TEAM.

INSTRUCTIONAL BASKETBALL LEAGUE

DATES: MAR 21-MAY 2 | GAMES BETWEEN 9AM-1PM

GRADE: K-2

FEE: \$51 (RESIDENT) OR \$61 (NON-RESIDENT)

[REGISTER NOW UNTIL MAR 8](#)

INSTRUCTIONAL LEAGUE AIMED TO TEACH THE FUNDAMENTALS AND INTRODUCE THEM TO THE GAME OF BASKETBALL WHILE HAVING FUN. SIX WEEK PROGRAM ON SATURDAYS. EACH WEEK WILL START WITH A 20 MINUTE PRACTICE FOLLOWED BY FOUR, SIX MINUTE QUARTERS. THERE WILL BE NO OFFICIALS. COACHES FROM BOTH TEAMS WILL HELP OFFICIATE GAMES.

HILLCREST GAME ROOM HOURS

JANUARY-MAY

- MON-THU: 4-9PM
- FRI: CLOSED
- SAT: 8-4PM

JUNE-AUGUST

- MON-THU: 10AM-9PM
- FRI-SAT: 10AM-4PM



NEW THE SPARK PROGRAM

DATES: WEEKLY SESSIONS BETWEEN JUN 1-AUG 6

AGE: 6-11

FEE: \$70/WEEK PER CHILD

REGISTRATION OPENS MAR 23 UNTIL AUG 3

UNLEASH YOUR CHILD'S CREATIVITY AND ENERGY WITH THE NEW SPARK PROGRAM! SPARK OFFERS A DYNAMIC MIX OF EVERYTHING KIDS LOVE. THEY'LL LEARN NEW SPORTS, GET HANDS-ON WITH EXCITING ARTS AND CRAFTS, PERFORM AMAZING SCIENCE EXPERIMENTS, AND ENJOY PLENTY OF TIME OUTSIDE! IT'S THE PERFECT WAY TO EXPLORE, CREATE, AND MOVE!

CAN'T WAIT FOR MORE?

ADDITIONAL PROGRAMS COMING SOON! TO STAY UPDATED, VISIT: OREMRECREATION.COM/HILLCREST!

SUMMER CAMPS

SUMMER JUNIOR ADVENTURE CAMP

DATES: MON-THU | WEEKLY SESSIONS JUN 1-AUG 6 | 9-11:30AM

AGE: 4-6

FEE: \$60/WEEK PER CHILD

REGISTRATION OPENS MAR 23 UNTIL FIRST DAY OF EACH SESSION

JUNIOR KIDS ADVENTURE IS A YOUNGER VERSION OF KIDS ADVENTURE. ACTIVITIES WILL INCLUDE: GROUP AND INDIVIDUAL GAMES, ARTS AND CRAFTS, PLAYGROUND ACTIVITIES, SPORTS, AND THEME DAYS. REGISTRATION IS AVAILABLE ON A WEEKLY BASIS. CHILDREN ARE REQUIRED TO BRING LUNCH EVERY DAY.

SUMMER ADVENTURE CAMP

DATES: MON-THU | WEEKLY SESSIONS JUN 1-AUG 6 | 9AM-12:30PM

AGE: 6-11

FEE: \$80/WEEK PER CHILD

REGISTRATION OPENS MAR 23 UNTIL FIRST DAY OF EACH SESSION

GET READY FOR THE BEST. SUMMER. EVER. AT SUMMER ADVENTURE CAMP! YOUR KIDS WILL HAVE A BLAST WITH EXCITING GROUP CHALLENGES, AWESOME INDIVIDUAL GAMES, CREATIVE ARTS AND CRAFTS PROJECTS, TONS OF SPORTS, AND REFRESHING SPLASH PAD TIME! SIGN UP IS SUPER FLEXIBLE—REGISTER FOR ANY WEEK (OR EVERY WEEK!). JUST REMEMBER TO PACK A DELICIOUS LUNCH EACH DAY!

NEW MAKERSPACE CAMP

DATES: JUN 8-11 (SESSION 1), JUN 22-25 (SESSION 2), JUL 13-16 (SESSION 3), JUN 27-30 (SESSION 4) | 1-4PM

AGE: 8-14

FEE: \$125/WEEK PER CHILD

REGISTRATION OPENS MAR 23 UNTIL AUG 3

STEAM UP YOUR SUMMER WITH MAKER CAMP! THIS FUN AND INFORMATIVE CAMP WILL INCLUDE 3D PRINTING AND OTHER OREM LIBRARY MAKERSPACE EQUIPMENT TO TEACH KIDS FUN AND CREATIVE ART OR TECHNOLOGY SKILLS.

NEW 3v3 BASKETBALL TOURNAMENT

DATES: MAR 20-MAR 21 | 5-10PM (FRIDAY) & 8AM-10PM (SATURDAY)

GRADE: 5-6, 7-9, 10-12

FEE: \$40

REGISTRATION OPENS MAR 23 UNTIL AUG 3

FUEL YOUR COMPETITIVE FIRE AT OREM REC MARCH MADNESS 3-ON-3! GATHER A TEAM OF UP TO FOUR PLAYERS AND NAVIGATE THE BRACKETS THIS MARCH. FROM FAST BREAKS TO GAME-WINNING SHOTS, EVERY PLAY COUNTS. TO SECURE YOUR SPOT, VIEW RULES, AND GET MORE INFORMATION, VISIT OUR WEBSITE.

WANT ADDITIONAL CLASSES AND CAMPS AT HILLCREST?

TRY OUT A NEW MAKER SPACE CLASS LIKE 3D PRINTING OR SUBLIMATION, OR SIGN UP FOR THE MAKERS SPACE CAMP FOR A WEEK OF STEAM PROJECTS AND FUN! VISIT PAGE 27 FOR MORE DETAILS.

NEW YOUTH BASKETBALL SUMMER LEAGUE

DATES: SAT | JUL 11-AUG 22 | GAMES BETWEEN 9AM-4PM

AGE: 7-13

FEE: \$450/TEAM

LOCATION: HILLCREST PARK CENTER

REGISTRATION OPENS APR 27 UNTIL JUN 27

TEAM REGISTRATION ONLY (FORM THEIR OWN TEAMS). THIS IS A COMPETITIVE LEAGUE. WE WILL PLAY FIVE REGULAR SEASON GAMES FOLLOWED BY A SINGLE ELIMINATION TOURNAMENT. EACH TEAM IS GUARANTEED A TOTAL OF SIX GAMES. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT 801-229-7158

ADULT PROGRAMS



SOFTBALL

OREM RECREATION SOFTBALL LEAGUES ARE SANCTIONED BY USA SOFTBALL. ALL EQUIPMENT MUST MEET USA SOFTBALL CERTIFICATIONS.

MEN'S LEAGUE

DATES: JUN 1-AUG 14

FEE: \$376/TEAM (SINGLE HEADERS), \$705/TEAM (DOUBLE HEADERS)

LOCATION: LAKESIDE PARK

REGISTRATION OPENS MAR 1 UNTIL MAY 10

SEASON INCLUDES 8 GAME MINIMUM, SINGLE ELIMINATION TOURNAMENT; VARIETY OF COMPETITION LEVELS. DOUBLE HEADERS INCLUDE 15 GAMES (INCLUDES 14 SEASON GAMES AND A SINGLE ELIMINATION TOURNAMENT).

COED LEAGUE

DATES: JUN 1-AUG 14

FEE: \$376/TEAM (\$705/TEAM FOR DOUBLE HEADERS)

LOCATION: LAKESIDE PARK

REGISTRATION OPENS MAR 1 UNTIL MAY 10

SEASON INCLUDES 8 GAMES (INCLUDES 7 SEASON GAMES AND A SINGLE ELIMINATION TOURNAMENT); VARIETY OF COMPETITION LEVELS. DOUBLE HEADERS INCLUDE 15 GAMES (INCLUDES 14 SEASON GAMES AND A SINGLE ELIMINATION TOURNAMENT).

FALL LEAGUE

DATES: TBD

FEE: TBD

LOCATION: LAKESIDE PARK

SINGLE AND DOUBLE HEADER LEAGUES AVAILABLE. MORE DETAILS TO COME.

RACQUETBALL LEAGUE

DATES: TUE | MAR 3-APR 14, APR 21-MAY 26 | 6-7:30PM (A&B INTERMEDIATE PLAYERS), 8-9:30PM (C&D ADVANCED PLAYERS)

AGE: 16+

FEE: \$26 (OFFC MEMBER), \$68 (NON-MEMBER, FEE INCLUDES ADMISSION EACH WEEK)

REGISTER NOW UNTIL LAST DAY OF EACH SESSION

LOOKING FOR CONSISTENT COURT TIME AND GREAT MATCHES? DON'T WAIT—REGISTER FOR THE RACQUETBALL LEAGUE TODAY TO SECURE YOUR SPOT AND START PLAYING.

OREM OPEN RACQUETBALL TOURNAMENT

DATES: MAR 11-14 (WEEKDAY EVENINGS, ALL DAY SATURDAY)

AGE: 16+

FEE: \$45 (1ST EVENT), \$25 (2ND EVENT)

REGISTER ON [UTAH RACQUETBALL.ORG/TOURNAMENTS](https://utahracquetball.org/tournaments)

DON'T MISS OUT ON THE THRILL! GRAB YOUR SPOT IN OUR RACQUETBALL TOURNAMENT TODAY FOR A CHANCE TO COMPETE AND HAVE FUN. SINGLES: OPEN, A, B, C AND D (MEN'S & WOMEN'S) DOUBLES: UPPER & LOWER (MEN'S AND WOMEN'S). ROUND ROBIN FORMAT WITH PLAYOFFS OCCURRING ON SATURDAY. STUDENT PRICING: \$30 (1ST EVENT), \$15 (SECOND EVENT)

WANT MORE CLASSES?

- HILLCREST ADULT PROGRAMS | PAGE 12
- AQUATICS | PAGES 17, 18

BRAZILIAN JIU-JITSU

DATES: FRI | MAR 6-27 | 7:45-8:45PM

AGE: 14+

FEE: \$60

REGISTER NOW

BRAZILIAN JIU-JITSU IS A SELF-DEFENSE MARTIAL ART AND COMBAT SPORT BASED ON GRAPPLING, GROUND FIGHTING AND SUBMISSION HOLDS. JOIN US ON THE MATS TO UNLOCK YOUR POTENTIAL AND BUILD RESILIENCE.

HILLCREST ADULT PROGRAMS

ALL OF THE FOLLOWING CLASSES OCCUR AT THE
HILLCREST PARK CENTER (635 E 1400 S, OREM)

PICKLEBALL TOURNAMENTS

DATES: FRI & SAT | 8AM-10PM

FEE: \$44/TEAM

LOCATION: HILLCREST PARK COURTS

REGISTRATION OPENS SOON

MEN/WOMEN/COED/MIXED/JUNIORS AND PARENT/CHILD
DIVISIONS AVAILABLE. SKILL LEVELS: 2.5-3.0, 3.5-4.0

- 5TH ANNUAL SLAMMING SPRING PICKLEBALL TOURNAMENT (MAY 8-9)
- OREMFEST PICKLEBALL TOURNAMENT (JUN 10)
- **NEW** OREM SUMMER PICKLEBALL BASH (JUN 20)
- LABOR DAY PICKLEBALL CHALLENGE (SEP 4-5)

**DO YOU WANT TO GUARANTEE A PICKLEBALL
COURT WHEN YOU COME TO PLAY?**

RESERVE YOUR COURT AHEAD OF TIME USING
COURT RESERVE. \$10/COURT PER HOUR.



MEN'S VOLLEYBALL LEAGUE

DATES: MON/WED | BEGINS MAR 23 OR 25 | 6-11:15PM

AGE: 18+

FEE: \$300/TEAM

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL MAR 15

10 SEASON GAMES PLUS A SINGLE ELIMINATION TOURNAMENT. DIVISION A PLAYS ON MONDAY NIGHTS AND DIVISION B PLAYS ON WEDNESDAY NIGHTS. EACH TEAM WILL PLAY DOUBLE HEADERS EACH NIGHT DURING SEASON PLAY. MORE INFO WILL BE UPDATED ONLINE: OREMRECREATION.COM/ADULT-VOLLEYBALL

SUMMER MEN'S BASKETBALL LEAGUE

DATES: MON-THU | JUN 1-AUG 14 | 6-10PM

AGE: 18+

FEE: \$575/TEAM

LOCATION: HILLCREST PARK CENTER

REGISTRATION OPENS MAR 1 UNTIL MAY 10

LACE UP, HIT THE HARDWOOD, AND PROVE THAT YOUR GAME ONLY GETS BETTER WITH AGE. SEASON INCLUDES 8 GAME MINIMUM, INCLUDES SINGLE ELIMINATION TOURNAMENT; VARIETY OF COMPETITION LEVELS.



FITNESS CLASSES

NEW CLASSES

NEW YOGA WITH SOUND BATH

DATES: FRI | MAR 13, MAY 8 | 7-8:30PM

AGE: 14+

LOCATION: OREM FAMILY FITNESS LARGE STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

CLASS STARTS WITH A 50 MINUTE RESTORATIVE YOGA CLASS FOLLOWED BY A 30 MINUTE SOUND BATH. THIS CLASS COMBINES THE DEEP RELAXATION OF RESTORATIVE YOGA WITH THE SOOTHING VIBRATIONS OF A SOUND BATH TO CREATE A DEEPLY CALMING AND REJUVENATING EXPERIENCE. GENTLE, SUPPORTED POSES PREPARE THE BODY AND MIND FOR THE HEALING TONES OF SINGING BOWLS, PROMOTING REST, BALANCE, AND INNER PEACE.

NEW YOGA AND MEDITATION

DATES: FRI | FEB 13, APR 10 | 7-8:30PM

AGE: 14+

LOCATION: OREM FAMILY FITNESS LARGE STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

THIS 90 MINUTE CLASS INCLUDES MODERATE STRETCHING, ASANAS WITH MINDFULNESS AND FLOWS INTO A MEDITATION PORTION.

NEW BARRE & PILATES CORE

DATES: WED | 6-6:50PM

AGE: 14+

LOCATION: OREM FAMILY FITNESS SMALL STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

THIS CLASS BLENDS THE SCULPTING POWER OF BARRE WITH THE CORE-STRENGTHENING FOCUS OF PILATES, CREATING A DYNAMIC WORKOUT THAT WILL LEAVE YOU FEELING STRONG AND ENERGIZED.



CLASS HIGHLIGHTS

CARDIO & TONE

A FULL BODY WORKOUT WITH A COMBINATION OF CARDIO AND STRENGTH EXERCISES. THE CLASS USES A VARIETY OF FITNESS EQUIPMENT TO WORK ON CORE STRENGTH, MUSCLE BUILDING, CARDIOVASCULAR ENDURANCE AND FLEXIBILITY.

STRENGTH TRAINING

THIS CLASS IS DESIGNED TO INCREASE PHYSICAL STRENGTH THROUGH WEIGHT-BEARING AND RESISTANCE EXERCISES. THE CLASS USES A VARIETY OF EQUIPMENT SUCH AS DUMBBELLS, RESISTANCE BANDS, STABILITY BALLS, AND MORE TO CONTRIBUTE TO THE WORKOUT.

HIGH FITNESS

A HIGH-ENERGY, FUN FITNESS CLASS THAT INCORPORATES INTERVAL TRAINING WITH POP MUSIC, AND INTENSE EASY-TO-FOLLOW FITNESS CHOREOGRAPHY. HIGH FITNESS PRODUCES A HIGH CALORIC BURN AND FULL-BODY TONING THROUGH ITS CAREFULLY FORMULATED CHOREOGRAPHY.

CYCLING

A POPULAR CARDIO WORKOUT THAT INVOLVES FAST-PACED CYCLING ON A STATIONARY BIKE. OUR SPECIALLY DESIGNED BIKES GIVE YOU THE CONTROL OF YOUR INTENSITY WITH THE ABILITY TO ADJUST YOUR SPEED AND RESISTANCE.

**VIEW OUR COMPLETE
CALENDAR OF FITNESS
CLASSES HERE:**



TRAINING PROGRAMS

WEIGHTLIFTING

WEIGHTLIFTING 101

DATES: SAT | FEB 7-28, MAR 7-29, APR 18-MAY 9 | 9-9:55AM ||| WED | FEB 18-MAR 11
AGE: 14+

FEE: \$50/4 WEEK SESSION

[REGISTER NOW](#)

LEARN THE BASICS OF WEIGHTLIFTING SO YOU CAN FEEL COMFORTABLE NAVIGATING YOUR WAY THROUGH THE GYM.

WEIGHTLIFTING 201

DATES: SAT | MAR 7-28 | 11-11:55AM

AGE: 14+

FEE: \$50/4 WEEK SESSION

[REGISTER NOW](#)

THIS CLASS IS DESIGNED TO EXPAND UPON THE BASICS FROM THE WEIGHTLIFTING 101 CLASS OR FOR PEOPLE WITH BASIC WEIGHTLIFTING KNOWLEDGE.

WEIGHTLIFTING FOR SENIORS

DATES: WED | MAR 5-26 | 9-9:55AM

AGE: 60+

FEE: \$50/4 WEEK SESSION

[REGISTER NOW](#)

BUILD UP YOUR STRENGTH AND FLEXIBILITY BY LEARNING HOW TO SAFELY WORK YOUR MAJOR MUSCLE GROUPS AND INCREASE YOUR RANGE OF MOTION.

WOMEN'S SELF DEFENSE

DATES: FRI | DATES TBD | 7:45-8:55PM

AGE: 12+

FEE: \$60/4 WEEK SESSION

[REGISTRATION OPENING SOON](#)

THIS COURSE IS DESIGNED FOR WOMEN TO LEARN HOW TO PHYSICALLY DEFEND THEMSELVES FROM AN AGGRESSOR. WE'LL BE UTILIZING TIME-PROVEN TECHNIQUES TO GET AWAY FROM DANGER, BUT ALSO PRACTICING JOINT LOCKS AND CHOKES DESIGNED FOR A SMALLER PERSON TO DEFEND THEMSELVES AGAINST A LARGER ATTACKER.



PERSONAL TRAINING

FEE: \$55/INDIVIDUAL SESSION | \$35 PER PERSON FOR JOINT 2-PERSON SESSION

[REGISTER ANYTIME](#)

OUR EXPERIENCED AND CERTIFIED PERSONAL TRAINERS ARE READY TO WORK WITH YOU! REGARDLESS OF YOUR GOALS, FITNESS LEVEL, ABILITY, OR LIMITATIONS, WE'LL CREATE A PLAN SO YOU CAN BE SUCCESSFUL. PURCHASE A PACKAGE DEAL FOR A DISCOUNT PER SESSION.

VIEW OUR PERSONAL TRAINERS HERE:



YOUTH FITNESS TRAINING CLASS

DATES: MON/WED | 4-4:50PM ||| SAT | 10-10:50AM

AGE: 10-14

[FREE WITH OFFC MEMBERSHIP OR DAILY ADMISSION](#)

A PERSONAL TRAINER WILL MEET TEENS AT THE FRONT DESK. LIFTING WILL TAKE PLACE IN THE 2ND-FLOOR FITNESS AREA AND IN OUR FUNCTIONAL FITNESS AREA. SPACE IS LIMITED TO 12 STUDENTS.

AQUATICS



LIFEGUARD TRAINING AND CERTIFICATION

DATES: MON-FRI | FEB 3-12 | MAR 2-11 | MAR 17-26 | APR 6-9 | APR 21-30 | MAY 4-8 | MAY 11-15 | JUN 1-4 | JUL 6-9 | AUG 3-6 (TIMES DIFFER PER SESSION)

AGE: 14+ (MUST BE 15 OR OLDER BY LAST SCHEDULED DAY OF THE COURSE)

FEE: \$190

[REGISTER NOW](#)

CLASS SPACE IS LIMITED AND EARLY REGISTRATION IS STRONGLY SUGGESTED. HIP PACK, CPR CERTIFICATION AND FIRST AID CERTIFICATION ARE INCLUDED IN THIS COURSE. **VISIT** OREMRECREATION.COM/LIFEGUARDING-CERTIFICATIONS

DIVING LESSONS

DATES: MON-FRI | SELECT WEEKS IN JUN & JUL | 10-11:30AM

AGE: 8+

FEE: \$52

LOCATION: SCERA POOL

[REGISTRATION OPENS MAR 1](#)

DIVING LEVEL 1 AND LEVEL 2 LESSONS (FOUR 45 MIN LESSONS). AT THE END OF EACH SESSION YOUR PARTICIPANTS GET A PERSONALIZED REPORT WITH THEIR KID'S PROGRESS AND AN ACTIVITY FOR THEM TO PRACTICE ON THEIR OWN TIME.

LEISURE POOL HOURS

OPEN PLUNGE | 5AM - 9:50PM (MON-SAT)

LAZY RIVER | 5AM - 9:50PM (MON-SAT)

PLAY STRUCTURE | 3PM - 9:50PM (MON-FRI)

| 12PM - 9:50PM (SAT)

WATER SLIDE | 3PM - 9:50PM (MON-FRI)

| 12PM - 9:50PM (SAT)

DIVING BOARD | 7:15PM - 09:50PM (MON-FRI)

12PM - 09:50PM (SAT)

WATER AEROBICS

DATES: MON-FRI, VARIOUS TIMES

AGE: 14+

LOCATION: OREM FAMILY FITNESS CENTER (YEAR ROUND) OR SCERA POOL (JUN 1-AUG 7, MORNINGS BEFORE 9AM)

WE HOLD CLASSES IN THE MORNING AND EVENING TO SUIT YOUR NEEDS. VARIOUS WORKOUTS WITH DIFFERENT LEVELS. OFFERED AT OREM FAMILY FITNESS CENTER AND SCERA POOL. FINALIZED SCHEDULES WILL BE POSTED ONLINE.

TRY ONE OF THE FOLLOWING:

- DEEP WATER
- AQUA SCULPT
- WATER POWER
- POWER WAVE
- ARTHRITIS EXERCISE
- AQUA ZUMBA
- BOOT CAMP
- AND MORE!

LAP LANES

OREM FAMILY FITNESS CENTER POOL

OPEN: MON-SAT

HOURS: 5AM-10PM

[FREE WITH OREM FAMILY FITNESS CENTER MEMBERSHIP OR FITNESS CENTER DAILY ADMISSION](#)

MINIMUM OF 2 LANES OPEN EXCEPT DURING SWIM MEETS AND LANE ROTATIONS. VIEW POOL CALENDAR FOR DETAILS.

SCERA OUTDOOR POOL

OPEN: MON-FRI

HOURS: 7-9AM

[FREE WITH SCERA POOL MEMBERSHIP OR SCERA POOL DAILY ADMISSION](#)

MINIMUM OF 2 LANES OPEN. VIEW POOL CALENDAR FOR DETAILS.

LAP LANE & POOL CALENDAR



AQUATICS

2 WEEK SUMMER SWIMMING LESSONS

DATES: SESSIONS RUN FOR 2 WEEKS FROM JUN 1-AUG 7 | 9AM-12PM

AGE: 6 MONTHS-12 YEARS

FEE: \$68 FOR 8 CLASSES

LOCATION: OREM FAMILY FITNESS CENTER & SCERA POOL

REGISTRATION OPENS MAR 6, CLOSES THE DAY BEFORE EACH SESSION BEGINS

EACH SESSION RUNS FROM MON-THU AT THE SAME CLASS TIME FOR 2 WEEKS. 30 MINUTE CLASSES. AT THE END OF EACH SESSION YOU'LL GET A PERSONALIZED REPORT WITH YOUR CHILD'S PROGRESS AND AN ACTIVITY FOR YOU TO PRACTICE ON YOUR OWN TIME. PARENT/CHILD OPTIONS FROM 6 MONTHS-3 YEARS OLD. SIGN UP GUIDE FOUND AT OREMRECREATION.COM/SUMMER-SWIM-LESSONS/



PRIVATE & SEMI-PRIVATE SWIM LESSONS

DATES: VARIOUS TIMES

AGE: 6 MONTHS-18+ YEARS

FEE: \$80/CHILD FOR 4 CLASSES (PRIVATE) OR \$56/CHILD* FOR 4 CLASSES (SEMI-PRIVATE)

REGISTER ANYTIME

CLASSES OCCUR YEAR ROUND. 1 ON 1 ATTENTION WITH YOUR INSTRUCTOR. YOU PICK YOUR INSTRUCTOR, DAY AND TIME FOR YOUR LESSONS. INSTRUCTOR AVAILABILITY IS VISIBLE ONLINE. 30 MINUTE CLASSES. ALL SEMI PRIVATE LESSON SIGN UPS NEED TO BE MADE OVER THE PHONE AT 801-229-7154 OR AT THE FRONT DESK. *FOR SEMI-PRIVATE LESSONS, YOU MUST ENROLL 2 KIDS WHO ARE AT THE SAME SWIM LEVEL TO QUALIFY FOR THIS PRICING OPTION

SUBSCRIPTION ADULT SWIM LESSONS

DATES: WED/FRI | 6-6:30PM OR 6:30-7PM

AGE: 18+

FEE: \$34/MONTH

LOCATION: OREM FAMILY FITNESS CENTER

REGISTER ANYTIME

THIS PROGRAM IS GEARED TOWARDS HELPING ADULTS GET COMFORTABLE IN THE WATER AND LEARN TO SWIM. START AND STOP ANYTIME. CLASS OCCURRENCE VARIES PER MONTH DEPENDING ON CALENDAR. MINIMUM 3 CLASSES PER MONTH.

SUBSCRIPTION SWIM LESSONS

DATES: MON-FRI | 4-6PM

AGE: 3+

FEE: \$34/MONTH

LOCATION: OREM FAMILY FITNESS CENTER

REGISTER ANYTIME

SWIM LESSONS THAT FIT YOUR SCHEDULE. CHOOSE WHAT DAY AND TIME WORKS FOR YOU AND YOU'RE READY TO GO! CLASS OCCURRENCE VARIES PER MONTH DEPENDING ON CALENDAR. MINIMUM 3 CLASSES PER MONTH. AT THE END OF EACH MONTH YOU'LL GET A PERSONALIZED REPORT WITH YOUR CHILD'S PROGRESS AND AN ACTIVITY FOR THRN TO PRACTICE ON THEIR OWN TIME.

SUBSCRIPTION SWIM TEAM

14 AND YOUNGER SUMMER REC TEAM

DATES: MON-THU, 5:30-6:30PM | SAT, 10-11AM

AGE: 8+

FEE: \$34/MONTH PER ENROLLMENT

LOCATION: OREM FAMILY FITNESS CNTER

REGISTER NOW UNTIL MAY 29

PRACTICES INCLUDE WARM UP, DRILLS, KICKING, MAIN SETS, TECHNIQUE AND COOL DOWN. COACHES DECIDE THE DAY TO DAY PRACTICE STRUCTURE, BUT IT IS USUALLY A VARIETY OF ALL OF THOSE THINGS. COACHES ALSO SEPARATE KIDS INTO DIFFERENT LANES DEPENDING ON THEIR SPEED AND SWIM TEAM EXPERIENCE. SWIMMERS MUST BE ABLE TO SWIM 25 YARDS OF NONSTOP FREESTYLE AND BACKSTROKE. CLASSES DON'T HAVE A START OR END DATE, THEY ARE ONGOING UNTIL YOU CHOOSE TO CANCEL YOUR SUBSCRIPTION.

AQUATICS



OREM MASTERS/ADULT SWIM CLUB

DATES: MON/WED/FRI | JAN 1-MAY 29 | 6-7:30AM

AGE: 18+

LOCATION: OREM FAMILY FITNESS CENTER

FEE: FREE WITH DAILY ADMISSION OR MEMBERSHIP

TIRED OF SWIMMING LAPS ALONE? NEED SOME STROKE INSTRUCTION, WORKOUT MOTIVATION, OR JUST A SOLID SWIM WORKOUT WITH FUN PEOPLE? WE WELCOME ALL LEVELS AND TYPES OF SWIMMERS - YOUNG OR OLD; FAST OR SLOW; NEW OR EXPERIENCED; TRIATHLETE, FITNESS SWIMMER, OR COMPETITION SWIMMER. SCHEDULE MAY CHANGE DURING SUMMER SEASON, VERIFY ONLINE FOR CHANGES

SUMMER SWIM TEAM

DATES: MON-FRI | JUN 1-JUL 31 | 1 HOUR PRACTICES BETWEEN 9AM-12PM

AGE: 6-14

FEE: \$130

LOCATION: SCERA POOL AND OREM FAMILY FITNESS CENTER

REGISTRATION OPENS MAR 6

THE OREM REC SWIM TEAM HAS BEEN DEVELOPED TO INTRODUCE SWIMMERS INTO A LOW PRESSURE COMPETITIVE ENVIRONMENT. WHILE IT WILL BE A RIGOROUS DAILY WORKOUT, KIDS WILL BE MOTIVATED AND ENCOURAGED IN A POSITIVE FUN ENVIRONMENT. INCLUDES PARTICIPATION IN 3 SWIM MEETS. NEED TO PASS A SWIM TEST: 25 YARD FREESTYLE SWIM & 25 YARD BACKSTROKE SWIM, BOTH NON STOP. WILL BE DONE ON THE FIRST DAY OF SWIM TEAM. SWIM TRY OUTS WILL BE HELD ON SAT, MAY 23, 2026 FROM 8-10AM. EACH PARTICIPANT WILL RECEIVE A T-SHIRT AND SWIM CAP. INCLUDES 3 SWIM MEETS

OREM RAYS COMPETITIVE SWIM TEAM

JOIN THE OREM RAYS TEAM, COMPRISED OF 4 SKILL LEVEL GROUPS PRACTICING IN OREM WATER, AND HAVE YOUR SWIMMER DEVELOP SKILLS AND COMPETE IN MEETS WITH OTHER LOCAL SWIM TEAMS. MONTHLY OPTIONS AVAILABLE. THIS IS THE PERFECT OPPORTUNITY TO LET YOUR SWIMMER GET COMPETITIVE ON A SUPPORTIVE TEAM. **FOR FULL DETAILS**

PLEASE VISIT: [GOMOTIONAPP.COM/TEAM/USUVR/PAGE/HOME](https://gomotionapp.com/team/usuvr/page/home)

HIGH SCHOOL PREP SUMMER SWIM TEAM

DATES: MON-FRI | JUN 1-AUG 7 | 7:30-9AM

AGE: 14-17

FEE: \$130

LOCATION: SCERA POOL

REGISTRATION OPENS MAR 6

THE 14 AND OLDER SWIM TEAM WAS DEVELOPED TO PROVIDE AN ENVIRONMENT FOR OUR MIDDLE TO HIGH SCHOOL AGED SWIMMERS TO GET A TASTE OF WHAT IT WOULD BE LIKE TO SWIM IN A MORE COMPETITIVE ENVIRONMENT SUCH AS A HIGH SCHOOL OR CLUB SETTING. SWIMMERS MUST BE ABLE TO SWIM 25 YARDS OF NONSTOP FREESTYLE AND BACKSTROKE. WE WILL BE HAVING A MANDATORY SWIM PREVIEW DAY ON THE FIRST DAY OF SWIM TEAM. THIS IS MANDATORY FOR ALL NEW SWIMMERS TO OUR PROGRAM. T-SHIRT AND SWIM CAP INCLUDED. INCLUDES 3 SWIM MEETS.

WORK WITH US



JOIN OUR TEAM!

APPLY ONLINE : [JOBS.OREM.GOV](https://jobs.orem.gov)

DIVE INTO A REWARDING CAREER IN RECREATION AND SPORTS! JOIN A DYNAMIC TEAM DEDICATED TO CREATING UNFORGETTABLE EXPERIENCES. ELEVATE YOUR COMMUNITY RECREATION AND SPORTS—WHERE EVERY DAY IS A NEW OPPORTUNITY TO MAKE A POSITIVE IMPACT. POSITIONS INCLUDE SEASONAL AND PART-TIME OPTIONS.

DESK + ADMISSIONS
LIFEGUARD
SPORTS OFFICIAL*
SPORTS SCOREKEEPER
SITE SUPERVISOR*
SPORTS INSTRUCTOR**
CONCESSIONS
SWIM INSTRUCTOR
PROGRAM INSTRUCTOR**
AND MORE

*MAY WORK AT A VARIETY OF FACILITIES THROUGHOUT OREM INCLUDING OREM FACILITIES AND SCHOOLS

**INCLUDES A VARIETY OF SPORTS AND PROGRAMS LIKE TENNIS, BASKETBALL, PICKLEBALL, SOFTBALL, PRESCHOOL PROGRAMS, GYMNASTICS, DANCE, AND TUMBLING

VIEW OUR CURRENT JOB BOARD:



SCERA POOL

701 S STATE ST

OPENS MEMORIAL DAY
WEEKEND | SAT, MAY 23

LAP SWIM + WATER AEROBICS
7AM - 9AM* (MON-FRI)

OPEN PLUNGE
12PM - 7PM* (MON-THU)
12PM - 6PM* (FRI-SAT)

*MODIFIED HOURS BEGIN AUG 17

PRICING

GENERAL ADMISSION

INFANT (0 - 2)	FREE
CHILD (3 - 13)	\$5.50
ADULT (14 - 59)	\$6.50
SENIOR (60+)	\$5.50

SEASON PASSES

*TAXES NOT INCLUDED

OREM FAMILY FITNESS MEMBER/NON-MEMBER

INDIVIDUAL	\$65/\$125
COUPLE	\$105/\$175
FAMILY	\$120/\$230
SENIOR	\$45/\$80

SCERA POOL PASS SALE

APRIL 6-18 | SCERA POOL SEASON PASSES WILL BE ON AN EARLY BIRD DISCOUNT, NO PROMO CODE NEEDED, DISCOUNTS WILL BE ALREADY APPLIED.



RENT THE SCERA POOL AFTER HOURS

THE CITY OF OREM SCERA PARK POOLS ACCEPTS RESERVATIONS FOR PRIVATE PARTIES BEFORE OR AFTER OPERATIONAL HOURS. COME JOIN US THIS SUMMER FOR A FAMILY REUNION, BIRTHDAY PARTY, BUSINESS GATHERING, AND MUCH MORE. HOURS AND DATES OF AVAILABILITY CAN BE FOUND AT OREMRECREATION.COM/AFTERHOURS. FOR FURTHER INTEREST PLEASE VISIT OUR WEBSITE OR VISIT PAGE 30 FOR MORE DETAILS.



SENIOR CENTER

OREM SENIOR FRIENDSHIP CENTER IS DEDICATED TO SERVING PATRONS AGED 55 AND OLDER. WE INVITE ANYONE 55 AND OLDER TO JOIN US FOR LEARNING OPPORTUNITIES, EXERCISE CLASSES, EVENTS, AND DAILY MEALS THAT ARE MADE ON-SITE.

OPERATIONS

HOURS: 9AM - 4PM

DAYS: MON - FRI

***CLOSED ON ALL HOLIDAYS**

MEMBERSHIP

FEE: \$20/YEAR (AGE 55-79)

***GOLDEN MEMBERS (80+ RECEIVE A FREE ANNUAL MEMBERSHIP FOR LIFE)**

CONTACT

FRONT DESK: 801-229-7111

EMAIL: OSFC@OREM.GOV

ADDRESS: 93 N 400 E, OREM

INSTAGRAM: [@OREMSENIORFRIENDSHIPCENTER](https://www.instagram.com/OREMSENIORFRIENDSHIPCENTER)

FACEBOOK: [@OREMSENIORFRIENDSHIPCENTER](https://www.facebook.com/OREMSENIORFRIENDSHIPCENTER)

YOUTUBE: [@OREMSENIORFRIENDSHIPCENTER9435](https://www.youtube.com/channel/UC9435)



DAILY MEAL PROGRAM

DATES: MON-FRI, 12-12:30PM

FEE: \$5*

OUR HOMECOOKED, DELICIOUS MEAL PROGRAM IS AMAZING! YOU MUST RESERVE AND PAY FOR YOUR MEAL AT LEAST ONE BUSINESS DAY IN ADVANCE, BEFORE NOON. *LUNCHESES FOR THOSE 55 AND OLDER ARE \$5 EACH WITH A DISCOUNT TO \$4 EACH IF PURCHASING 4 OR MORE AT ONE TIME. ANYONE, ANY AGE, CAN EAT HERE. THE PRICE IS ALWAYS \$5.

MS & MR OSFC PAGEANT

DATE: FRI, FEB 20

TIME: 11AM

JOIN US FOR OUR SECOND ANNUAL OSFC PAGEANT. WE WILL CROWN A MALE AND A FEMALE TO REPRESENT THE CITY OF OREM AT VARIOUS OREM CITY FUNCTIONS, INCLUDING RIDING IN THE OREM FEST PARADE! MUST BE A CURRENT MEMBER OF THE OREM SENIOR FRIENDSHIP CENTER.

THE GRAMMYS AWARD SHOW

DATE: FRI, MAR 27

TIME: 11AM (DOORS OPEN AT 10AM)

THE GRAMMYS IS ONE OF OUR BIGGEST EVENTS OF THE YEAR. A RED CARPET EVENT HONORING OUR VOLUNTEERS. COME MINGLE WITH THE STARS AS WE HONOR OUR VOLUNTEERS FROM THE LAST YEAR! THIS IS FOR CURRENT MEMBERS ONLY AND YOU MUST ORDER LUNCH BEFORE WEDNESDAY, MARCH 26. LUNCH SERVED AT NOON.

VEGAS TRIP

DATE: MAY 2026

FEE: FEE TBD

OUR ANNUAL TRIP TO VEGAS IS ONE YOU WON'T WANT TO MISS! ENJOY SHOWS AND GREAT COMPANY! LODGING AND TRANSPORTATION INCLUDED IN FEES.

EVENTS & ACTIVITIES

BINGO

DATE: TUE/THU | 12:45PM

COME AND PLAY A FUN GAME OF BINGO WITH US! PRIZES VARY DAILY.

THRIFT SHOP

DATE: TUE/THU | 9:30-11AM

BRING DONATIONS TO OUR FRONT OFFICE. EVERY ITEM IS 25 CENTS! COME AND FIND YOUR NEW FAVORITE PIECE OF CLOTHING.

INTERESTED IN MORE?

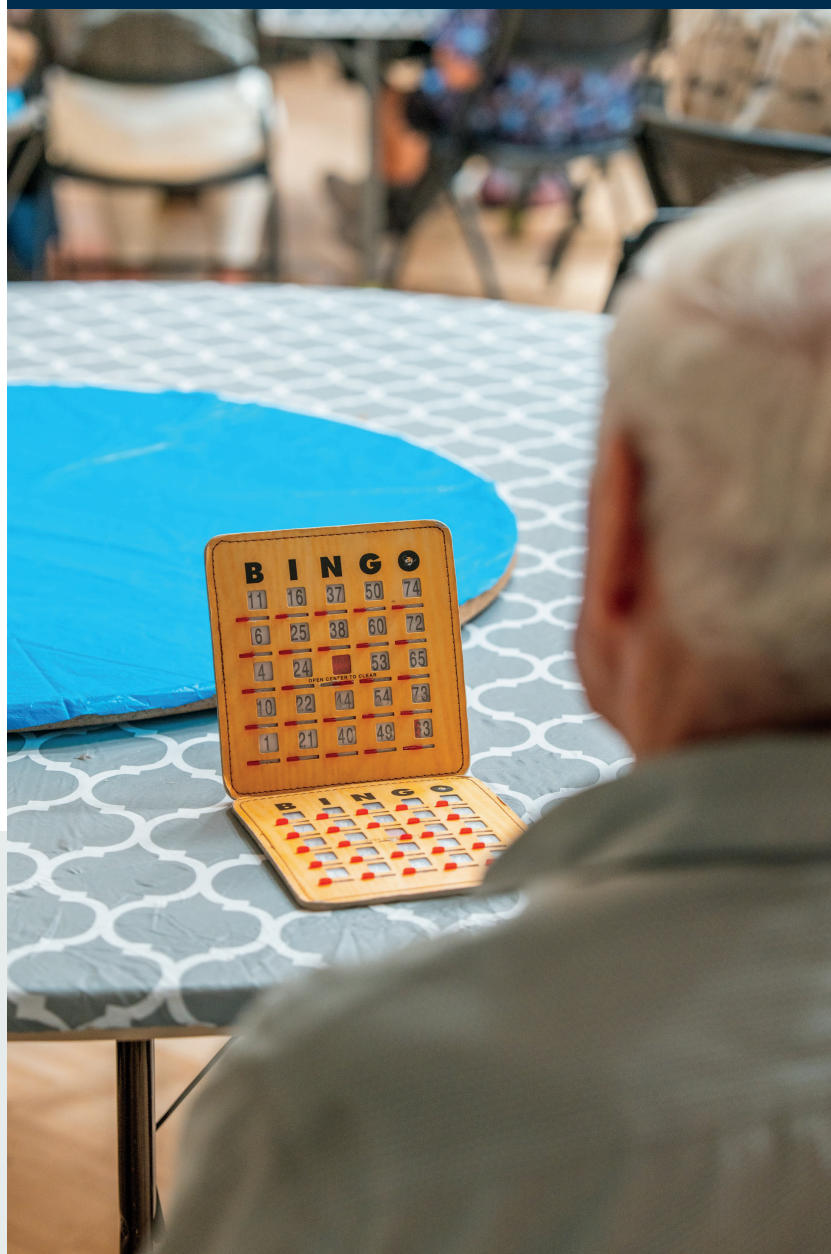
JOIN OUR MONTHLY NEWSLETTER TO SEE ALL OF OUR DAILY ACTIVITIES! WE HAVE:

- ART AND CRAFTS
- WOOD SHOP
- MIXED MEDIA ART
- QUILTING
- LINE DANCING
- AND SO MUCH MORE!

DID YOU KNOW?

WE OFFER CLASSES SUCH AS SILVER SNEAKERS, ZUMBA GOLD, AND TAI CHI CLASSES AT THE OREM FAMILY FITNESS CENTER. YOU MAY QUALIFY FOR A FITNESS CENTER MEMBERSHIP THROUGH YOUR INSURANCE.

FITNESS CENTER MEMBERSHIPS START AT \$17/MONTH OR \$155/YR FOR AGES 60+



**STAY INFORMED WITH
OUR MONTHLY
NEWSLETTER:**



LIBRARY HALL EVENTS

UTAH SHAKESPEARE FESTIVAL: *THE COMEDY OF ERRORS*

FRI, MAR 13 | 7PM | AGE: 5+ | ASHTON AUDITORIUM

IT'S DOUBLE THE LAUGHTER AND TWICE THE FUN IN SHAKESPEARE'S YOUTHFUL COMEDY OF TWINS AND MISTAKEN IDENTITIES IN THIS 75-MINUTE ADAPTATION PRESENTED BY THE UTAH SHAKESPEARE FESTIVAL'S SHAKESPEARE IN THE SCHOOLS TOUR. FREE ADMISSION.

MINDY GLEDHILL*

SAT, MAR 14 | 7PM | ALL AGES | ASHTON AUDITORIUM

JOIN US FOR AN EVENING WITH AWARD-WINNING SINGER-SONGWRITER MINDY GLEDHILL AS SHE CELEBRATES THE RELEASE OF THE PHONE BOOTH SESSIONS, VOL. 2.

***GET TICKETS + INFO TO ALL
LIBRARY HALL EVENTS HERE**



ST. PATRICK'S DAY WITH AN ROGAIRE DUBH

TUE, MAR 17 | 7PM | ALL AGES | ASHTON AUDITORIUM

BRING YOUR FAMILY AND CELEBRATE ST. PATRICK'S DAY AND IRISH CULTURE WITH TRADITIONAL IRISH MUSIC, DANCING, AND BAGPIPES, BROUGHT TO YOU BY AN ROGAIRE DUBH AND THE THOMAS CORDNER MEMORIAL PIPE BAND.



BYU YOUNG COMPANY: *HAMLET AND ZOMBIES!*

MON, MAR 23 | 7PM | AGE: 8+ | ASHTON AUDITORIUM

COME ENJOY THE ZOMBIFIED TALE OF HAMLET AND ZOMBIES! BY VETERAN PLAYWRIGHT DON ZOLDIS. USING SHAKESPEARE'S ORIGINAL RICH VERSE AND INTRICATE DETAIL, ALONG WITH A FEW CONTEMPORARY UPDATES, THIS FUN, TONGUE-IN-CHEEK VERSION OF HAMLET IS SURE TO MOVE YOUR HEART AND EAT YOUR BRAINS.



HAPPY VALLEY COMEDY*

SAT, MAR 28 | 7PM | AGE: 12+ | ASHTON AUDITORIUM

GET READY FOR A SPECIAL EVENING OF LAUGHTER AND FUN WITH HAPPY VALLEY COMEDY! SOME OF UTAH'S MOST HILARIOUS COMEDIANS WILL TAKE YOU, YOUR DATE, YOUR FAMILY, OR ANYONE WHO LOVES TO LAUGH ON A RIOTOUS 75-MINUTE JOURNEY OF LIVE STAND-UP COMEDY. PG RECOMMENDED.

ACTING UP! THE MAGIC OF DISNEY

MON, APR 13 | 5PM & 7PM | ALL AGES | ASHTON AUDITORIUM

BRING THE WHOLE FAMILY TO THIS FUN FREE MUSIC REVUE OF YOUR FAVORITE DISNEY SONGS PERFORMED BY THE SCERA'S NATIONAL AWARD-WINNING HIGH SCHOOL COMPANY.

LIBRARY HALL EVENTS



MAPLETON CHORALE SPRING CONCERT

TUE, APR 28 | 7PM | ALL AGES | ASHTON AUDITORIUM

ENJOY A FREE CONCERT OF QUALITY MUSIC RANGING FROM RENAISSANCE TO CLASSICAL TO MODERN.

CANTORUM SPRING CONCERT

MON, APR 20 | 7PM | ALL AGES | ASHTON AUDITORIUM

CANTORUM CHAMBER CHOIR IS AN AWARD-WINNING ENSEMBLE OF SINGERS FROM DIVERSE MUSICAL BACKGROUNDS. JOIN THEM AS THEY USHER IN THE WARM WEATHER WITH SPRING-THEMED PIECES BY FAVORITE CLASSICAL AND CONTEMPORARY COMPOSERS.

ART RECEPTION: NICOLE PARISH AND SABRINA SQUIRES

FRI, MAY 22 | 7PM | ALL AGES | LIBRARY HALL

JOIN US AS WE CELEBRATE THE OPENING OF NEW ART SHOWS BY AUTISTIC INSECT ARTIST NICOLE PARISH AND LAYERED, MIXED-MEDIA ARTIST SABRINA SQUIRES. ART ACTIVITIES AND LIGHT REFRESHMENTS WILL BE PROVIDED. THESE SHOWS WILL BE ON DISPLAY THROUGH JULY 31.

LIBRARY EVENTS

STEM LIKE A GIRL

THU, MAR 5 | 6PM | ALL AGES | LIBRARY HALL

JOIN US FOR OUR ANNUAL STEM LIKE A GIRL FAIR, FEATURING INTERACTIVE DISPLAYS, EXPERIMENTS, AND PRESENTATIONS HIGHLIGHTING THE RESEARCH OF WOMEN IN SCIENCE, TECHNOLOGY, ENGINEERING, AND MATH FIELDS FROM ALL OVER THE WASATCH FRONT.

OREM READING CHALLENGE: JAMES BOOK DISCUSSION

THU, MAR 26 | 7PM | AGE: 18+ | MEDIA AUDITORIUM

JOIN US FOR A STIMULATING DISCUSSION OF PERCIVAL EVERETT'S THOUGHT-PROVOKING NOVEL *JAMES*, A CRITICALLY ACCLAIMED RE-IMAGINING OF MARK TWAIN'S CLASSIC HUCKLEBERRY FINN. DELVE INTO THE THEMES, CHARACTERS, AND NARRATIVES OF THIS BEST-SELLER WITH FELLOW LITERATURE ENTHUSIASTS WHILE WORKING TOWARD COMPLETION OF THE OREM READING CHALLENGE. LEARN MORE ABOUT THE OREM READING CHALLENGE AT OREM.BEANSTACK.ORG.

GRASSROOTS SHAKESPEARE COMPANY: A MIDSUMMER NIGHT'S DREAM

TUE, MAR 31 | 7PM | ALL AGES | STORYTELLING WING

THE EVER POPULAR GRASSROOTS SHAKESPEARE COMPANY BRINGS ORIGINAL PRACTICE SHAKESPEARE TO THE LIBRARY WITH THEIR PRODUCTION OF THE ETHEREAL A MIDSUMMER NIGHT'S DREAM.

SPRING & SUMMER BOOK SALES

THU, APR 2 | 3-9PM | ALL AGES | LIBRARY HALL

FRI, APR 3 | 9AM-1PM | ALL AGES | LIBRARY HALL

MON, AUG 3 | 3-9PM | ALL AGES | LIBRARY HALL

TUE, AUG 4 | 9AM-1PM | ALL AGES | LIBRARY HALL

COME BUY LIKE-NEW & USED BOOKS AND MEDIA AT OUR SUMMER BOOK SALE! CARD OR CASH ACCEPTED (NO RETURN CHANGE). PROCEEDS FROM THE SALE GO TO SUPPORT LIBRARY PROGRAMS.

LIBRARY EVENTS

THE VERY FUN ERIC CARLE PARTY!

MON, APR 27 | 6PM | ALL AGES | LIBRARY HALL

CELEBRATE THE VERY HUNGRY CATERPILLAR AND OTHER STORIES AND CHARACTERS CREATED BY ERIC CARLE WITH GAMES, CRAFTS, STORYTIME, AND OTHER ACTIVITIES. FOR LITTLE AND BIG CATERPILLARS ALIKE.

DOWNTON ABBEY: A GRANDE MARATHON

**SAT, APR 25 | 10AM-5PM | AGE: 18+
LIBRARY HALL**

DON YOUR FINEST ATTIRE (OR YOUR COZIEST!) AND JOIN US FOR A SPECIAL MARATHON SCREENING OF ALL THREE BELOVED DOWNTON ABBEY FILMS. TEST YOUR KNOWLEDGE OF DOWNTON WITH TRIVIA, AND ENJOY LIGHT REFRESHMENTS INSPIRED BY DOWNTON ABBEY. BRING YOUR OWN HANDCRAFT TO DO DURING THE MARATHON. WE EAGERLY AWAIT YOUR PRESENCE.

- 10 AM | *DOWNTON ABBEY* (PG, 2019)
- 12:30 PM | *DOWNTON ABBEY: A NEW ERA* (PG, 2022)
- 3 PM | *DOWNTON ABBEY: THE GRANDE FINALE* (PG, 2025)

FAMILY MOVIE NIGHTS

6PM | ASHTON AUDITORIUM

MOANA (PG, 2016) | MON, MAR 2

COCO (PG, 2017) | MON, APR 6

**DORA AND THE CITY OF LOST GOLD (PG, 2019) |
MON, MAY 4**

MOVIE NIGHTS

6PM | ASHTON AUDITORIUM

STRANGER THAN FICTION (PG-13, 2006) | FRI, APR 17

RAIDERS OF THE LOST ARK (PG, 1981) | FRI, MAY 15

FILM SCREENINGS

6PM | MEDIA AUDITORIUM

**JOIN US FOR A FREE FILM SCREENING EVERY
MONDAY + FRIDAY. SEE THE LINE-UP AT
OREM.LIBRARYCALENDAR.COM.**

FOR THE KIDS

**TUE & WED IN MAY | 10AM & 11AM | MEDIA
AUDITORIUM**

**SEE A MIX OF DISNEY AND PIXAR SHORTS WHILE
STORYTIME IS ON BREAK. SEE THE LINE-UP AT
OREM.LIBRARYCALENDAR.COM.**

PUZZLE SWAP

THU, MAY 7 | 6PM | ALL AGES | LIBRARY HALL

REFRESH YOUR SPRING PUZZLE STASH AT OUR COMMUNITY PUZZLE SWAP! DROP OFF ANY GENTLY-USED AND COMPLETE PUZZLES BETWEEN APRIL 29-MAY 6 AT THE MEDIA DESK OR BRING YOUR PUZZLES TO THE SWAP ON MAY 7 AND RECEIVE TICKETS TO PICK UP NEW PUZZLES. DOORS WILL OPEN FOR TICKET HOLDERS AT 6 PM AND FOR EVERYONE ELSE AT 7 PM.



OREM READING CHALLENGE: SILENT BOOK CLUB

**THU, MAY 28 | 6:30PM | AGE: 18+
LIBRARY COURTYARD**

JOIN US FOR AN EVENING DEDICATED TO THE JOY OF READING! BRING WHAT YOU ARE CURRENTLY READING ALONG WITH A BLANKET OR A LAWN CHAIR, THEN SETTLE IN FOR A PEACEFUL HOUR OF SILENT READING IN THE LIBRARY COURTYARD. AFTERWARD, WE'LL GATHER TO CHAT ABOUT OUR FAVORITE BOOKS AND SHARE WHAT WE'VE BEEN READING. WORK TOWARDS COMPLETING YOUR OREM READING CHALLENGE GOALS WHILE CONNECTING WITH OTHER BOOK LOVERS. AGES 18+. LEARN MORE ABOUT THE OREM READING CHALLENGE AT OREM.BEANSTACK.ORG.

FUN FOR KIDS

MAKERSPACE CLASSES

REGISTRATION REQUIRED. REGISTER AT [LIBRARY.OREM.GOV](https://library.orem.gov).

GET HOOKED: JOIN OUR CROCHET CLINIC

MON, MAR 9 | 7PM | AGE: 12+ | FEE: N/A | SORENSON LEGACY ROOM

MON, MAR 16 | 7PM | AGE: 12+ | FEE: N/A | HILLCREST PARK CENTER

JOIN OUR FREE CROCHET CLINIC TO UNWIND AND CREATE. BRING A PROJECT FOR GUIDANCE OR START A NEW DISH TOWEL WITH OUR INSTRUCTORS. IT'S A GREAT WAY TO DEVELOP SKILLS, TROUBLESHOOT PATTERNS, AND MEET FELLOW MAKERS.

CRAFT WITH A CAUSE:

CARD MAKING FOR CHARITY WORKSHOP

MON, APR 6 | 7PM | AGE: 12+ | FEE: N/A | SORENSON LEGACY ROOM

MON, APR 20 | 7PM | AGE: 12+ | FEE: N/A | HILLCREST PARK CENTER

JOIN US AND THE CREATIVE KINDNESS FOUNDATION TO CREATE HANDMADE CARDS FOR HOSPITALS, SHELTERS, AND SENIOR HOMES. NO EXPERIENCE IS NECESSARY

LEVEL UP YOUR MINIS:

D&D FIGURE & 3D PRINT PAINTING NIGHT

MON, MAY 11 | 7PM | AGE: 12+ | FEE: N/A | SORENSON LEGACY ROOM

MON, MAY 18 | 7PM | AGE: 12+ | FEE: N/A | HILLCREST PARK CENTER

BRING YOUR HEROES TO LIFE! PAINT YOUR OWN D&D FIGURES OR CHOOSE FROM 3D-PRINTED MINIS PROVIDED BY THE LIBRARY. CONNECT WITH FELLOW MAKERS AND GET EXPERT TIPS TO MAKE YOUR CHARACTERS STAND OUT.

BRIGHTEN YOUR DOOR:

SUMMER RIBBON WREATH WORKSHOP

MON, JUN 15 | 7PM | AGE: 12+ | FEE: \$10 | SORENSON LEGACY ROOM

ADD A SPLASH OF COLOR TO YOUR HOME! JOIN OUR HANDS-ON WORKSHOP TO CRAFT A HIGH-QUALITY 12" RIBBON WREATH PERFECT FOR SUMMER OR THE FOURTH OF JULY. WE PROVIDE THE BASIC MATERIALS, BUT FEEL FREE TO BRING YOUR OWN SPECIAL RIBBONS OR ACCENTS.

SUBLIMATION FAUX STAINED GLASS WORKSHOP

MON, JUL 20 | 7PM | AGE: 12+ | FEE: \$5 | SORENSON LEGACY ROOM

COMBINE TECHNOLOGY AND ART TO CREATE FAUX STAINED GLASS! SUBLIMATE ARTWORK ONTO CANVAS AND USE SPECIALIZED GLUE GUN 'LEADING' TO CREATE A VIBRANT, TEXTURED MASTERPIECE THAT MIMICS CLASSIC CATHEDRAL GLASS.

CRYSTALLIZE YOUR CREATIVITY:

GEODE STYLE PAINTING WORKSHOP

MON, AUG 17 | 7PM | AGE: 12+ | FEE: \$5 | SORENSON LEGACY ROOM

COMBINE TECHNOLOGY AND ART TO CREATE FAUX STAINED GLASS! SUBLIMATE ARTWORK ONTO CANVAS AND USE SPECIALIZED GLUE GUN 'LEADING' TO CREATE A VIBRANT, TEXTURED MASTERPIECE THAT MIMICS CLASSIC CATHEDRAL GLASS.



STORYTIME

JAN-APR, SEP-NOV

TODDLER TALES

TUE/WED/THU | 10AM, 11:10AM | AGE: 0-3 | KID ZONE

SONGS, FINGERPLAYS, AND SHORT STORIES TO INTRODUCE OUR YOUNGEST PATRONS.

PRESCHOOL STORYTIME

TUE/WED/THU | 10:30AM | AGE: 3-5 | STORYTELLING WING

STORIES, PUPPETS, AND ACTIVITIES TO HIGHLIGHT THE JOYS OF BOOKS AND STORYTELLING.

PUPPETS & PJS STORYTIME

MAR 24, APR 28 | 6PM | AGE: 0-7 | STORYTELLING WING

INTERACTIVE EVENING STORYTIME FEATURING PUPPET SKITS, SONGS, AND STORIES.

BIG KIDS STORYTIME

3RD WEDNESDAY | 4PM | GRADE: K-2 | LIBRARY HALL
LITERACY AND ACTIVITIES GROUNDED IN YOGA, STEM, OR ART. REGISTRATION REQUIRED.

HORA DE CUENTOS

THU | 4PM | ALL AGES | KID ZONE

SPECIAL HALF-HOUR BILINGUAL STORYTIME. ALL AGES ARE WELCOME.

LEGO LAB

THU | 4:30PM | ALL AGES | NORTH WING TOP FLOOR
FREE PLAY & BUILDING CHALLENGES.

BOUNCING BABIES

FRI | 10AM | AGE: 0-18 MONTHS | STORYTELLING WING
STORYTELLING WING RHYMES, SONGS, MUSIC AND INTERACTING WITH OTHER INFANTS.

SUMMER READING 2026: *UNEARTH A STORY*

MAY 30–AUG 1 | AGE: 0–18

JOIN US FOR THE OREM LIBRARY SUMMER READING CHALLENGE, *UNEARTH A STORY*. BECOME A READING ARCHAEOLOGIST TO EXPLORE NEW WORLDS AND DISCOVER ADVENTURES HIDDEN IN BOOKS. READERS AGES 0–18 CAN REGISTER STARTING MAY 30 AT OREM.BEANSTACK.ORG. COMPLETE 10 READING BADGES TO EARN A PRIZE AND TICKETS FOR EXCITING PRIZE DRAWINGS.

SUMMER READING KICKOFF: IN TIME

SAT, MAY 30 | 3–8PM | ALL AGES | OREM LIBRARY

JOIN US FOR OUR SUMMER READING KICKOFF EVENT, IN TIME, PRESENTED BY LIVE HISTORY SHOWS. THIS INTERACTIVE EXPERIENCE BLENDS AN ESCAPE ROOM, THEATRICAL PERFORMANCE, AND QUEST AS YOUR GROUP SOLVES CLUES TO COMPLETE A MISSION. BRING THE FAMILY FOR A TIME-TRAVELING ADVENTURE! REGISTRATION IS REQUIRED; GROUPS MUST INCLUDE AT LEAST ONE ADULT. REGISTER AT LIBRARY.OREM.GOV.



TEEN LIBRARY EVENTS

DUNGEONS & DRAGONS TEEN CLUB

EVERY 3RD THU | 4–6PM | GRADE: 7–12
SORENSEN LEGACY ROOM

ARE YOU A TEEN AND AN AVID FAN OF FANTASY ROLE-PLAYING GAMES? BRING YOUR DICE AND MEET OTHER PLAYERS, CREATE NEW CHARACTERS, AND EMBARK ON MAGICAL QUESTS. NO DMS OR TUTORIALS PROVIDED. ALL EXPERIENCE LEVELS ARE WELCOME.

TEEN AFTER HOURS

HUNGER GAMES DAY

SAT, MAR 21 | 7–9PM | GRADE: 7–12
SORENSEN LEGACY ROOM

ARE YOU READY FOR THE ULTIMATE CHALLENGE? JOIN US FOR A NIGHT OF COMPETITION INSPIRED BY THE HUNGER GAMES! WE'LL SPLIT INTO DISTRICTS AND FACE OFF IN A SERIES OF FAST-PACED, FUN CHALLENGES TO SEE WHO WILL BE CROWNED THE VICTOR. MAY THE ODDS BE EVER IN YOUR FAVOR!

COMEDY NIGHT

SAT, APR 18 | 7–9PM | GRADE: 7–12 | MEDIA AUDITORIUM

APRIL FOOLS! GET READY FOR A NIGHT OF LAUGHS! JOIN US FOR A COMEDY NIGHT JUST FOR TEENS, WHERE YOU CAN SHOW OFF YOUR HUMOR WITH STAND UP AND TERRIBLY HILARIOUS DAD JOKES. WE'LL ALSO HAVE CLASSIC COMEDY GAMES TO KEEP THE GOOD TIMES ROLLING. COME HANG OUT, MAKE NEW FRIENDS, AND LAUGH OUT LOUD!

SCIENCE EXPLORATION

SAT, MAY 16 | 7–9PM | GRADE: 7–12 | LIBRARY
COURTYARD

READY TO GET YOUR SCIENCE ON? JOIN US FOR A HANDS-ON TEEN PROGRAM WHERE YOU'LL EXPLORE A VARIETY OF INTERACTIVE SCIENCE STATIONS. FROM PLANT DISSECTION TO TOWER CONSTRUCTION, YOU'LL LEARN COOL CONCEPTS AND HAVE A BLAST WITH YOUR FRIENDS. UNLEASH YOUR INNER SCIENTIST AND DISCOVER SOMETHING NEW AT THE LIBRARY!

MYTH MASTERS

SAT, JUN 20 | 7–9PM | GRADE: 7–12 | LIBRARY HALL

CALLING ALL GREEK MYTHOLOGY LOVERS! JOIN US TO LEARN THE THRILLING STORIES OF ZEUS, ATHENA, HADES, AND ALL THE OTHER EPIC HEROES AND MONSTERS OF ANCIENT GREECE. THEN, PUT YOUR MYTHOLOGICAL KNOWLEDGE TO THE TEST THROUGH A SCAVENGER HUNT FILLED WITH FUN GAMES! COME DRESSED AS YOUR FAVORITE GREEK MYTHOLOGY CHARACTER AND EMBRACE THE DRAMATICS IN LIBRARY HALL!

TRASH TALK

SAT, JUL 18 | 7–9PM | GRADE: 7–12 | LIBRARY HALL

JOIN US TO LEARN THE REAL SCIENCE OF ARCHAEOLOGY! WE'LL DIG THROUGH MODERN ARTIFACTS (AKA TRASH!) TO UNCOVER CLUES ABOUT CULTURE AND HISTORY. AFTERWARD, ENJOY REFRESHMENTS AND EXPLORE THE PAST THROUGH ANCIENT GAMES. JOIN US IN LIBRARY HALL AND BECOME AN ARCHAEOLOGIST FOR A NIGHT!

RENTALS

DISCOVER THE PERFECT VENUE FOR ANY OCCASION WITH US! FROM CORPORATE GATHERINGS AND FAMILY REUNIONS TO SPORTS CLINICS AND CELEBRATIONS, OUR VERSATILE LOCATIONS CATER TO A VARIETY OF GROUPS. EXPLORE ENDLESS POSSIBILITIES AND LET US HOST YOUR NEXT MEMORABLE EVENT IN A SETTING THAT SUITS YOUR NEEDS!

PARK PAVILIONS

**RENTAL SEASON: MAY 1-SEP 30 | 9AM-2PM
AND/OR 4PM-9PM**

**RESERVATIONS OPEN ON FEB 1 (RESIDENTS)
AND MAR 1 (NON-RESIDENTS)**

OREM HAS SOME OF THE MOST WONDERFUL PUBLIC PARKS IN UTAH. OUR PARKS DIVISION WORKS HARD TO KEEP THE PARKS SAFE, FUN, AND BEAUTIFUL. WE HOPE THIS PARKS GUIDE WILL HELP YOU IN PLANNING YOUR NEXT ADVENTURE IN ONE OF OUR PARKS. PARK PAVILIONS ARE AVAILABLE FOR RESERVATIONS MON-SAT. FEES RANGE FROM \$60 FOR SMALL PAVILIONS, TO \$160+ FOR OUR LARGER PAVILIONS, DEPENDING ON OUR TIME SLOTS, PAVILION SIZE AND LOCATION. RESTROOM FACILITIES AND WATER SUPPLIES ARE ONLY IN ORDER DURING THE RESERVATION SEASON. NO PAVILION OR PARK RENTALS FROM JUNE 11-13.

VISIT: [OREM.ORG/PARKS](https://www.orem.org/parks)

MULTIPURPOSE ROOM

OUR MULTI PURPOSE ROOMS AT THE OREM FAMILY FITNESS CENTER ARE PERFECT FOR FAMILIES, BUSINESSES, COMMUNITY GATHERINGS OR ANY KIND OF CELEBRATION! WE HAVE OUR EAST WING AND WEST WING ROOMS THAT CAN BE COMBINED AS ONE IF NEEDED (FOR LARGER PARTIES). FULL ROOM POLICIES AND RULES ONLINE. PRICING STARTS AT \$50/2 HOURS PER WING FOR BIRTHDAY PARTIES, AND \$50/HOUR PER WING FOR FAMILY GATHERINGS, BUSINESS GATHERINGS, ETC. **VISIT: [OREMRECREATION.COM/ROOM-RENTALS](https://www.oremrecreation.com/room-rentals)**

SPORTS FIELDS

ALL ATHLETIC FIELDS/FACILITY RENTALS REQUIRE INSURANCE, RENTAL AGREEMENT, AND MUST BE PAID IN FULL FOR A COMPLETE RESERVATION. SUBMISSIONS FOR CERTAIN RENTAL REQUESTS ARE TAKEN UP TO 13 MONTHS IN ADVANCE, BUT PREFERABLY WITH AT LEAST 3 WEEKS NOTICE. ONCE WE RECEIVE THE SUBMITTED FORM, WE WILL CONTACT YOU WITH ADDITIONAL INFORMATION TO FINALIZE YOUR BOOKING. FEES VARY. **VISIT: [OREMRECREATION.COM/RENTALS](https://www.oremrecreation.com/rentals)**

MT TIMPANOGOS HOSTING CENTER

**RENTAL SEASON: MON-SAT | MAY 1-SEP 30 |
9AM-2PM AND/OR 4-9PM**

**RESERVATIONS OPEN ON FEB 1 (RESIDENTS)
AND MAR 1 (NON-RESIDENTS)**

FEE: STARTING AT \$800

ESCAPE TO NATURE AND ELEVATE YOUR EVENT AT OUR STUNNING HOSTING CENTER NESTLED UP PROVO CANYON. THE HOSTING CENTER IS A DELTA-SHAPED FACILITY WITH BOTH THE EAST AND WEST WINGS BEING IDENTICAL. AMENITIES FOR EACH WING INCLUDE A 24'X48' CEMENT FLOOR, WATER ACCESS IN THE MIDDLE OF WINGS, SHELVEING AND CUPBOARDS IN THE MIDDLE AREA, 8 GARAGE DOORS IN EACH WING, AND ACCESS TO ELECTRICAL OUTLETS AND OVERHEAD LIGHTS. TABLES AND CHAIRS AVAILABLE FOR AN ADDITIONAL FEE. **VISIT: [OREM.GOV/MT-TIMPANOGOS-PARK](https://www.orem.gov/mt-timpanogos-park)**



SCERA POOL

RENTALS

SCERA POOL AFTER HOURS

RENTAL SEASON: MAY 25-SEP 5

RENTAL HOURS:

- **MON-THU: 7:30-9PM (MAY 25-AUG 15), 6:30-8PM (AUG 17-AUG 30)**
- **FRI: 6:30-8PM AND/OR 8:30-10PM**
- **SAT: 10-11:30AM, 6:30-8PM AND/OR 8:30-10PM**

RESERVE NOW

RENTING THE SCERA PARK POOLS IS A GREAT WAY TO HOST AN EASY SUMMER PARTY FOR YOUR FAMILY, YOUR TEAM, OR YOUR NEIGHBORHOOD. RESERVATIONS CAN BE MADE AFTER JAN 1, 2025. RESERVATIONS ARE FOR THE SECURED AREA INSIDE THE POOL COMPLEX AND DO NOT INCLUDE PARK OR PAVILION RENTAL (PAVILION RENTAL IS AVAILABLE TO OREM RESIDENTS AFTER FEB 1). GROUPS INTERESTED IN SCHEDULING AN AFTER HOURS PARTY MAY NOT USE THE FACILITY FOR PRIVATE GAIN OR CHARGE ANY TYPE OF ADMISSION OR FEE FOR THOSE IN THEIR GROUP TO ATTEND THE EVENT. PRICING IS DETERMINED BY QUANTITY OF PARTICIPANTS WITHIN POOL PARK BOUNDARIES.

RESERVATIONS GIVEN ON A FIRST COME FIRST SERVE BASIS.

VISIT: [OREMRECREATION.COM/AFTERHOURS](https://oremrecreation.com/afterhours)

NEW HILLCREST CENTER

RENTALS AVAILABLE: FRI/SAT | RESERVE ANY HOURS BETWEEN 5-10PM

FEE: \$125/HOUR

RESERVE NOW

THE HILLCREST INDOOR FACILITY IS PERFECT FOR FAMILIES, BUSINESSES, COMMUNITY GATHERINGS OR ANY KIND OF CELEBRATION! THIS BRAND NEW FACILITY IS DESIGNED TO BE VERSATILE WITH GAMES, SPORTS, AND IS A GREAT PLACE FOR ANY BIG GROUP PARTY. THE INDOOR SPORT COURT CAN BE CONVERTED TO A NUMBER OF OPTIONS BETWEEN VOLLEYBALL, BASKETBALL, AND PICKLEBALL. RESERVATIONS MAY INCLUDE PRIORITY TO SOME OUTDOOR PICKLEBALL COURTS. RESERVATIONS AVAILABLE YEAR ROUND.

VISIT: [OREMRECREATION.COM/HILLCREST-COMMUNITY-CENTER](https://oremrecreation.com/hillcrest-community-center)



UPCOMING EVENTS

OREM FAMILY FITNESS CENTER BIRTHDAY WEEK

WEEK OF MAR 16-21 | OREM FAMILY FITNESS CENTER

WE'LL BE CELEBRATING OUR BIRTHDAY ALL WEEK LONG! A FEW EVENTS: OUR BIRTHDAY PASS SALE, FREE COOKIES, FREE ADMISSION DAY, GIVEAWAYS, EVENTS AND MORE! FOLLOW @OREM_RECREATION ON INSTAGRAM AND OREM RECREATION ON FACEBOOK FOR ALL UPDATES!

MEMORIAL DAY

MON, MAY 25 | 10AM | OREM CITY CEMETERY

OUR ANNUAL MEMORIAL DAY PROGRAM WILL FEATURE PATRIOTIC MUSIC, FLAG PRESENTATIONS, AND TRIBUTES.

BIKE TO WORK DAY

THU, MAY 14 | OREM FAMILY FITNESS CENTER

IN PARTNERSHIP WITH BIKE OREM. CHOOSE TO TAKE YOUR BIKE TO WORK OR SCHOOL! IF YOU DO, STOP FOR A SNACK AT ONE OR MORE OF OUR REST STOPS AROUND OREM CITY! FOLLOW @OREM_RECREATION AND @OREM_CITY ON INSTAGRAM TO MAKE SURE YOU DON'T MISS A STOP!

INTERESTED IN MORE CITY EVENTS?

FOLLOW @OREM_CITY AND @OREM_RECREATION ON INSTAGRAM AND FACEBOOK TO STAY UPDATED ON ALL OF THE FUN EVENTS AND ACTIVITIES HAPPENING IN OREM!

OREMFEST

MONDAY | JUNE 8

OREMFEST CAR SHOW
SCERA PARK | 6-8PM

TUESDAY | JUNE 9

OREMFEST POOL PARTY
SCERA POOL | 6-8PM

WEDNESDAY | JUNE 10

CHARITY GOLF TOURNAMENT
SLEEPY RIDGE GOLF COURSE | 8AM
ORCHARD'S JAM
ORCHARD AT UNIVERSITY PLACE MALL | 5-8PM
SPORTSFEST PICKLEBALL TOURNAMENT
HILLCREST PARK | 8AM-10PM

THURSDAY | JUNE 11

CARNIVAL
OREM CITY CENTER PARK | 12PM-10PM
SPORTSFEST CORNHOLE TOURNAMENT
HILLCREST PARK | VARIOUS TIMES
OREMFEST FIT
FITNESS CENTER SE PARKING LOT | 8PM

FRIDAY | JUNE 12

OREM'S GOT TALENT
OREM CITY CENTER PARK | 7PM
CARNIVAL AND BOUTIQUES
OREM CITY CENTER PARK | 12PM-10PM
SPORTSFEST KICKBALL TOURNAMENT
LAKESIDE SPORTS FIELDS | VARIOUS TIMES
OREMFEST DRONE SHOW
OREM CITY CENTER PARK | 9:45PM

SATURDAY | JUNE 13

ROTARY PANCAKE BREAKFAST
OREM CITY CENTER PARK | 8-10AM
BABY CONTEST
HILLCREST CENTER | 9AM-12PM
CARNIVAL AND BOUTIQUES
OREM CITY CENTER PARK | 12PM-10PM
GRAND PARADE
800 E & CENTER ST | 7PM
FIREWORKS
OREM CITY CENTER PARK | 9:45PM

CITY OF OREM
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OREM, UT 84057

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