

OREM RECREATION

fall/winter 2025

**MERO'S
PRESCHOOL**
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HOSTING**
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OUR FACILITY



RECENTLY BUILT IN 2021, OREM FAMILY FITNESS CENTER HAS BEEN A HOME TO MANY OREM RESIDENTS. HERE'S WHAT WE HAVE TO OFFER:

- TOP OF THE LINE FITNESS EQUIPMENT
- STUDIOS WITH 100+ FITNESS CLASSES
- RACQUETBALL COURTS
- ELEVATED INDOOR TRACK
- ADULT, YOUTH, AND CHILD CLASSES
- SPIN STUDIO + 2 MULTIUSE STUDIOS
- INDOOR PLAYGROUND
- TEEN LOUNGE
- 50M LAP POOL, LEISURE POOL, HOT TUB
- STEAM ROOM
- MULTIPURPOSE ROOM
- WOOD FLOOR COURTS WITH DROP-IN SPORTS INCLUDING PICKLEBALL, VOLLEYBALL, AND BASKETBALL

SPORTS DROP-IN CALENDAR



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EMAIL: REC@OREM.GOV
OREMRECREATION.COM

FOLLOW US ON SOCIAL MEDIA!

 @OREMRECREATION

 @OREM_RECREATION

MEMBERSHIP PRICES



BLACK FRIDAY SALE

NOV 28-DEC 6, 2025

20% OFF ANNUAL MEMBERSHIPS*

*APPLIES TO ANNUAL OREM FAMILY FITNESS CENTER MEMBERSHIPS ONLY, EXCLUDES ALREADY DISCOUNTED MEMBERSHIPS. DOES NOT INCLUDE MONTHLY PASSES.

PERSONAL TRAINING PACKAGES SALE*

*APPLIES TO 8 PACK PERSONAL TRAINING SESSIONS BOOKED DURING BLACK FRIDAY SALE

ANNUAL PASSES

*TAXES NOT INCLUDED

INDIVIDUAL	\$275/\$335
COUPLE	\$395/\$480
FAMILY	\$485/\$585
SENIOR	\$155/\$190
STUDENT	\$220/\$275

DAILY ADMISSION

INFANT (0 - 2)	FREE
CHILD (3 - 13)	\$5.50
ADULT (14 - 59)	\$6.50
SENIOR (60+)	\$5.50

MONTHLY PASSES

*TAXES NOT INCLUDED
**\$45 ACTIVATION FEE TO START

INDIVIDUAL	\$27/\$37
COUPLE	\$39/\$49
FAMILY	\$45/\$55
SENIOR	\$17/\$27
STUDENT	\$22/\$31

FITNESS CENTER HOURS

MONDAY-SATURDAY, CLOSED SUNDAYS

FITNESS CENTER	5AM - 10PM
LEISURE POOL	5AM - 10PM
TOYS	SEE PAGE 23
LAP POOL	5AM - 10PM
DROP-IN SPORTS	5AM - 10PM

PASS CATEGORY DEFINITIONS

FAMILY: DEFINED AS A LEGALLY MARRIED COUPLE AND THEIR UNMARRIED LEGALLY DEPENDENT CHILDREN UNDER AGE 24, LIVING IN THE SAME HOUSEHOLD AND ALL CLAIMED ON THE SAME TAX FORM.

COUPLE: DEFINED AS TWO PERSONS LIVING IN THE SAME HOUSEHOLD, FILING A JOINT TAX RETURN.

INDIVIDUAL: DEFINED AS A PERSON AGE 14-59.

SENIOR CITIZEN: DEFINED AS A PERSON 60 YEARS OF AGE OR OVER.

STUDENT: DEFINED AS ACTIVELY ENROLLED IN SCHOOLING. DISCOUNT CANNOT BE COMBINED WITH ANY OTHER OFFER.

MEMBERSHIP INFO

MEMBERSHIP CANCELLATIONS

MONTHLY MEMBERSHIPS

CANCELLATIONS OR CHANGES TO MONTHLY MEMBERSHIPS MUST BE REQUESTED AT LEAST 7 DAYS BEFORE THE NEXT PAYMENT IS SCHEDULED VIA WRITTEN CONFIRMATION ONLINE. PAYMENTS CONTINUE INDEFINITELY ON A MONTHLY BASIS UNTIL CANCELLATION IS REQUESTED VIA THE CANCELLATION FORM. CANCELLATION FORMS FOUND ONLINE AT: OREMRECREATION.COM/FITNESS-CENTER-HOURS-AND-PRICING

ANNUAL MEMBERSHIPS

PURCHASERS OF THE ANNUAL PAID IN FULL MEMBERSHIP RECEIVE A DISCOUNT WHEN JOINING FOR THE YEAR. IF THAT CONTRACT TERM IS NOT HONORED THROUGH CANCELLATION, THE MEMBERSHIP WILL NOT BE ELIGIBLE FOR A PRORATED REFUND, BUT MAY BE ELIGIBLE FOR A PARTIAL REFUND BASED ON A SET FEE STRUCTURE.

OREM BUSINESS PASSES

SETTING UP A BUSINESS PASS AT THE OREM FITNESS CENTER IS A GREAT WAY TO GIVE YOUR EMPLOYEES THE GIFT OF FITNESS. EMPLOYERS NEED A COMPETITIVE EDGE WHEN IT COMES TO RECRUITING, HIRING, AND RETAINING EMPLOYEES AND A PASS TO THE BRAND NEW OREM FAMILY FITNESS CENTER COULD BE JUST THE THING TO PUT YOUR BUSINESS OVER THE TOP. DISCOUNTS START AT 10% FOR 5-19 EMPLOYEES, 20% FOR 20+ EMPLOYEES. CONTACT OUR OFFICE FOR MORE DETAILS.

KARL HIRST SCHOLARSHIP FUND

AS AN OREM CITY POLICE OFFICER FOR 23 YEARS AND LATER AS THE DIRECTOR OF RECREATION, KARL WAS PASSIONATE ABOUT HELPING KIDS ACCESS SPORTS AND RECREATION, REGARDLESS OF FINANCIAL BARRIERS. DONATIONS TO THIS SCHOLARSHIP FUND WILL COVER FEES AND EXPENSES FOR UNDERPRIVILEGED CHILDREN SO THEY HAVE THE OPPORTUNITY TO PARTICIPATE IN THESE ACTIVITIES.

INTERESTED PARTIES CAN ACCESS UP TO \$50 PER CHILD UNDER THE AGE OF 18 TO USE FOR OREM RECREATION PROGRAMS AND CLASSES. REACH OUT TO SHELBY PECK (SPECK@OREM.GOV) TO LEARN HOW TO APPLY AND HOW TO QUALIFY.

INTERESTED IN DONATING TO THIS FUND?

SCAN THE QR CODE BELOW. ALL FUNDS GO TOWARDS RECREATION OR SPORTS OPPORTUNITIES FOR YOUTH LIVING IN OREM.



CHILD CARE

HOURS: MON-FRI | 8AM-12PM, 4PM-9PM | SAT 8AM-12PM

AGE: 3 MONTHS-8 YRS OLD

FEE: \$3/HOUR/CHILD OR \$22/MONTH/CHILD

REGISTER ONLINE - NOT INCLUDED IN FACILITY MEMBERSHIP

WE PROMISE TO PROVIDE A SAFE, HEALTHY, AND NURTURING ENVIRONMENT FOR YOUR CHILD WHILE YOU ENJOY THE OFFERINGS OF THE FITNESS CENTER. WE USE KIDCHECK TO ENSURE SAFE CHECK IN AND OUT OF YOUR CHILD. TO GET AHEAD BEFORE YOUR VISIT, REGISTER TODAY WITH KIDCHECK OR A MONTHLY PASS.

SIGN UP FOR
KIDCHECK HERE:



SEE MORE
INFO ONLINE:



PRIVACY POLICY

THE CITY OF OREM IS COMMITTED TO PROTECTING YOUR PRIVACY. THE PURPOSE OF THIS STATEMENT IS TO INFORM THOSE INITIATING, UPDATING, INQUIRING, OR TERMINATING SERVICES WITH THE CITY OF OREM WHERE PERSONALLY IDENTIFIABLE INFORMATION IS COLLECTED OR PROCESSED. VIEW [PRIVACY POLICY HERE:](#)



CHILD + YOUTH PROGRAMS

SUBSCRIPTION CLASSES

WE NOW OFFER SUBSCRIPTION DANCE AND GYMNASTICS LESSONS THAT FIT YOUR SCHEDULE. IT'S SIMPLE: YOU CHOOSE WHAT DAYS AND TIMES WORK BEST FOR YOU AND YOU'RE READY TO GO. ADDITIONALLY, DECIDE HOW OFTEN YOU WOULD LIKE TO ATTEND AND SIGN UP FOR YOUR PREFERRED DAYS. CLASSES DON'T HAVE A START AND END DATE, THEY ARE ONGOING UNTIL YOU CHOOSE TO CANCEL YOUR SUBSCRIPTION.

SUBSCRIPTION GYMNASTICS, CHEER & TUMBLING CLASSES

DATES: MON-FRI | VARIOUS TIMES

AGE: 3-12

FEE: \$34/MONTH PER 1 CLASS/WEEK

REGISTER ANYTIME

CLASS TYPES AVAILABLE: TUMBLING, GYMNASTICS, CHEER. SUBSCRIPTION LESSONS WILL BE CHARGED ON THE FIRST OF EVERY MONTH.

SUBSCRIPTION PARENT & TOT TUMBLING

DATES: TUE/THU/FRI | VARIOUS TIMES

AGE: 18 MONTHS-3 YEARS WITH PARENT

FEE: \$34/MONTH PER 1 CLASS/WEEK

REGISTER ANYTIME

CLASSES ARE LIMITED TO 10 CHILDREN PER CLASS. JOIN YOUR CHILD IN LEARNING BODY MOVEMENT AND TUMBLING.

SUBSCRIPTION DANCE CLASSES

DATES: MON-FRI | VARIOUS TIMES

AGE: 3-12

FEE: \$34/MONTH PER 1 CLASS/WEEK

REGISTER ANYTIME

CLASS TYPES AVAILABLE: CREATIVE MOVEMENT, PRE-BALLET, JAZZ, BALLET, HIP-HOP. NO RECITALS ARE HELD FOR SUBSCRIPTION CLASSES. SUBSCRIPTION LESSONS WILL BE CHARGED ON THE FIRST OF EVERY MONTH.



12 WEEK DANCE CLASSES & RECITAL

REGISTER NOW

RECITAL AND REHEARSAL OCCUR AT OREM LIBRARY HALL AT THE BEGINNING OF DECEMBER. SCHEDULE FOLLOWS ALPINE SCHOOL DISTRICT CALENDAR AND OCCASIONAL HOLIDAY. SEE INSTRUCTOR FOR MORE DETAILS.

BALLET/CREATIVE

AGE: 3-5

FEE: \$102

DATES: MON | SEP 8-DEC 4

TIME: 4:45-5:30PM

AGE: 3-5

FEE: \$128

DATES: TUE | SEP 2-DEC 4

TIME: 9-9:45AM

AGE: 3-5

FEE: \$119

DATES: WED | SEP 3-DEC 4

TIME: 9-9:45AM OR 10-10:45AM

AGE: 3-5

FEE: \$111

DATES: THU | SEP 4-DEC 4

TIME: 9-9:45AM

AGE: 3-5

FEE: \$128

DATES: TUE | SEP 2-DEC 4

TIME: 10-10:45AM

AGE: 4-6

FEE: \$102

DATES: MON | SEP 3-DEC 4

TIME: 5:30-6:15PM

JAZZ

AGE: 4-6

FEE: \$111

DATES: WED | SEP 10-DEC 4

TIME: 3:45PM-4:30PM

AGE: 7-12

FEE: \$111

DATES: WED | SEP 10-DEC 4

TIME: 4:35-5:20PM

HIP HOP

AGE: 7-12

FEE: \$111

DATES: WED | SEP 10-DEC 4

TIME: 5:25-6:10PM

PRE-BALLET

AGE: 3-5

FEE: \$111-128

DATES: TUE OR THU | SEP 2-DEC 4

TIME: 12-12:45PM

AGE: 3-5

FEE: \$111

DATES: TUE OR THU | SEP 2-DEC 4

TIME: 1-1:45PM



DANCE



GYMNASTICS, TUMBLING
& CHEER

BOULDERING

BOULDERING 1

DATES: TBD

AGE: 6+

FEE: \$85

REGISTERATION OPENING SOON

LEARN THE BASICS OF CLIMBING! CLIMBERS WILL LEARN FOUNDATIONAL TECHNIQUE, ETIQUETTE AND SAFETY. NO PRIOR CLIMBING EXPERIENCE IS REQUIRED.

BOULDERING 2

DATES: MON/WED | SEP 3-OCT 8* | 6-6:50PM

AGE: 6+

FEE: \$85

REGISTER NOW

THIS CLASS WILL HELP THE STUDENT ACHIEVE THE ABILITY TO CLIMB MORE DIFFICULT ROUTES WITH CONTINUED WORK ON BASIC CLIMBING TECHNIQUES AND SKILLS. *ADDITIONAL DATES COMING SOON

BOULDERING 3

DATES: TBD

AGE: 8+

FEE: \$85

REGISTERATION OPENING SOON

THIS CLASS IS FOR MORE CAPABLE AND ATTENTIVE CLIMBERS WITH SOME EXPERIENCE WHO ARE READY FOR INTERMEDIATE-LEVEL TECHNIQUES, INCREASED DIFFICULTY IN ROUTES AND STRENGTH TRAINING.

SEE PAGES 20-21 FOR ADDITIONAL AQUATIC PROGRAMS INCLUDING REC SWIM TEAMS, SUBSCRIPTION SWIM LESSONS, AND MORE

YOUTH CROSS COUNTRY

DATES: MON/WED | STARTS AUG 11 | 5:30-6:30PM

GRADE: 7-15

FEE: \$50

LOCATION: OREM COMMUNITY PARK

REGISTER NOW UNTIL AUG 26

THIS PROGRAM IS FOR KIDS WHO ARE 7-15 YEARS OLD OR WHO WILL TURN 7 IN 2025. PRACTICES WILL TAKE PLACE AT THE PAVILION JUST SOUTH OF THE OREM FAMILY FITNESS CENTER ON MON & WED STARTING AUGUST 11. MEETS WILL REPLACE MONDAY PRACTICES STARTING IN SEPTEMBER. PRACTICE AND MEET SCHEDULE WILL BE AVAILABLE AT PRACTICE, OR CALL 801-229-7587. BRIEF PARENT MEETING WILL OCCUR ON AUG 11 AT 5PM.

BRAZILIAN JIU-JITSU

DATES: TUE/THU | SEP 2-OCT 9* | 4PM-4:50PM

AGE: 7-13

FEE: \$102

REGISTER NOW

BRAZILIAN JIU-JITSU IS A SELF-DEFENSE MARTIAL ART AND COMBAT SPORT BASED ON GRAPPLING, GROUND FIGHTING AND SUBMISSION HOLDS. JOIN US ON THE MATS TO UNLOCK YOUR POTENTIAL AND BUILD RESILIENCE.

*ADDITIONAL DATES COMING SOON

TAEKWONDO

DATES: MON/WED | AUG 25-SEP 22 (SESSION 1), OCT 13-NOV 10 (SESSION 2), NOV 17-DEC 17 (SESSION 3) |

4-4:50PM (AGE 6-8), 5-5:50PM (AGE 9-14)

AGE: 6-8, 9-14

FEE: \$68

REGISTER NOW

TAEKWONDO IS A DISCIPLINE THAT HELPS TO IMPROVE AND TRAIN BOTH THE BODY AND MIND. IN THIS CLASS YOU WILL PARTICIPATE IN A VARIETY OF ACTIVITIES THAT WILL TEACH YOU BASIC KICKS, BLOCKS, AND HAND TECHNIQUES IN ADDITION TO LEARNING BASIC FORMS AND MEDITATION. THERE ARE NO CLASSES DURING ALPINE SCHOOL DISTRICT BREAKS.

KUNG FU

DATES: TUE/THU | SEP 2-OCT 9* | 5PM-5:50PM

AGE: 7-13

FEE: \$102

REGISTER NOW

KUNG FU IS A CHINESE MARTIAL ART, A STYLE OF FIGHTING THAT INVOLVES SPECIAL PUNCHES AND KICKS. KUNG FU MARTIAL ARTS ARE AN EFFECTIVE AND EFFICIENT WAY TO LEARN SELF-DEFENSE. COME AND LEARN TO GET A GLIMPSE OF THIS ANCIENT ART AND WHAT IT HAS TO OFFER.

*ADDITIONAL DATES COMING SOON



CHILD + YOUTH PROGRAMS

JUNIOR JAZZ BASKETBALL

PLAY BEGINS: JAN 10, 2026

LOCATION: HILLCREST PARK CENTER

GRADE: 3-4, 5-6

FEE: \$74/PLAYER (RESIDENT), \$84/PLAYER (NON-RESIDENT)

GRADE: 7-8

FEE: \$82/PLAYER (RESIDENT), \$94/PLAYER, (NON-RESIDENT)

GRADE: 9-12

FEE: \$600/TEAM (RESIDENTS) + \$10/PLAYER (NON-RESIDENTS)

LOCATION: HILLCREST PARK CENTER AND OREM JR HIGH AND HIGH SCHOOLS

REGISTRATION OPEN AUG 18-NOV 2. LATE REGISTRATION BEGINS NOV 10 UNTIL FULL

TEAMS FOR GRADES 3-8 ARE FORMED BY NEIGHBORHOOD AREAS. GAMES WILL BE PLAYED FOR 6-7 WEEKS. THE FEE FOR THE 3-6 GRADERS INCLUDES A TEAM JERSEY AND SEVEN LEAGUE GAMES. THE FEE FOR THE 7-8 GRADERS INCLUDES A TEAM JERSEY AND SIX LEAGUE GAMES. JUNIOR HIGH PLAYERS WILL ALSO PARTICIPATE IN A CITYWIDE TOURNAMENT.

PRESCHOOL SPORTS CAMPS

DATES: TUE OR THU | 10-10:50AM

AGE: 3-5

FEE: \$38/MONTH

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL FULL

4 SESSIONS PER CAMP. SPORTS SUCH AS FOOTBALL, T-BALL, SOCCER, BASKETBALL, AND TRACK AND FIELD. THIS CAMP FOCUSES ON INTRODUCING THE SPORT THROUGH DRILLS AND GAMES. T-SHIRT INCLUDED.

SUPER HOOPSTERS BASKETBALL CAMP

DATES: WED | AUG 27-SEP 17 | 4-5PM

GRADE: 3-4

FEE: \$38

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL FULL

BASIC PASSING, DRIBBLING, & SHOOTING SKILLS TAUGHT; TEAMWORK, SPORTSMANSHIP AND FUN WILL BE EMPHASIZED.



INSTRUCTIONAL BASKETBALL LEAGUE

DATES: SAT | OCT 4- NOV 15 | GAMES BETWEEN 9AM-12PM

GRADE: K-2

FEE: \$51 (RESIDENT) OR \$61 (NON-RESIDENT)

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL FULL

THIS INSTRUCTIONAL LEAGUE TEACHES THE FUNDAMENTALS OF BASKETBALL TO YOUTH WHILE HAVING FUN. 6 WEEK PROGRAM ON SATURDAYS. EACH WEEK WILL START WITH A 20 MINUTE PRACTICE FOLLOWED BY FOUR, SIX MINUTE QUARTERS. SCORE WILL NOT BE KEPT. THERE WILL BE NO SCHEDULED PRACTICES IN BETWEEN EACH SATURDAY. THERE WILL BE NO OFFICIALS. COACHES FROM BOTH TEAMS WILL HELP OFFICIATE GAMES.

INSTRUCTIONAL SOCCER LEAGUE

DATES: TUE | SEP 16-OCT 21 | 6PM (KINDERGARTEN), 7PM (1ST GRADE), 8PM (2ND GRADE)

GRADE: K-2

FEE: \$51 (RESIDENT), \$61 (NON-RESIDENT)

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL SEP 2

THIS BEGINNER LEAGUE TEACHES THE FUNDAMENTALS OF SOCCER TO YOUTH. EACH WEEK WILL START WITH A 10 MINUTE PRACTICE FOLLOWED BY TWO, 15 MINUTE HALVES, WITH A RUNNING CLOCK. SCORES WILL NOT BE KEPT. JERSEY INCLUDED.

TENNIS

DATES: AUG 25–SEP 11 (SESSION 6) | SEP 22–OCT 9 (SESSION 7) |
VARIOUS TIMES AVAILABLE

AGE: PARENT TOT OR YOUTH 7+

FEE: \$48 (RESIDENT), \$58 (NON-RESIDENT)

LOCATION: WINDSOR PARK

REGISTER NOW UNTIL FULL

CLASSES ARE TAUGHT USING THE LATEST UNITED STATES TENNIS ASSOCIATION TEACHING METHODS. STUDENTS NEED TO PROVIDE THEIR OWN TENNIS RACKET AND APPROPRIATE ATTIRE. CLASS SIZES WILL VARY FROM 6 TO 8 PER CLASS. MON/WED OR TUE/THU CLASSES AVAILABLE.



FALL BASEBALL LEAGUE

DATES: MON–WED (DEPENDING ON DIVISION) | PLAY BEGINS
WEEK OF AUG 18

AGE: 8–10

FEE: \$975/TEAM

LOCATION: OREM CITY CENTER BASEBALL FIELDS

REGISTRATION OPEN NOW UNTIL AUGUST 9

- MONDAY – 10U
- TUESDAY – 9U
- WEDNESDAY – 8U

AGE IS BASED ON 2026 AGE DIVISIONS – SIGN UP FOR THE AGE YOU WILL BE IN THE SPRING 2026 SEASON. 10 GUARANTEED GAMES. LEAGUE LIMITED TO 6 TEAMS PER DIVISION. TEAMS WILL PLAY DOUBLE HEADERS. 2 UMPIRES PER GAME. NO METAL CLEATS ALLOWED. VIEW LEAGUE RULES AT OREMRECREATION.COM/BASEBALL

WRESTLING

DATES: THU | OCT 2–30 | 6:30–7:30PM

GRADE: 1–6

FEE: \$55

LOCATION: MOUNTAIN VIEW HIGH SCHOOL WRESTLING ROOM

REGISTER NOW UNTIL OCT 1 OR UNTIL FULL

CAMP IS LED BY THE MOUNTAIN VIEW HIGH SCHOOL COACHES AND TEAM. DESIGNED TO TEACH THE FUNDAMENTAL TECHNIQUES AND PRINCIPLES OF WRESTLING, THIS CAMP PROVIDES A SOLID FOUNDATION FOR PARTICIPANTS.

FLAG FOOTBALL

GRADE 1-2 INSTRUCTIONAL LEAGUE

DATES: THU | SEP 5–OCT 3

GRADE: 1–2

FEE: \$51 (RESIDENT), \$61 (NON-RESIDENT)

LOCATION: CITY CENTER PARK

REGISTER NOW UNTIL AUG 10 OR UNTIL FULL. LATE REGISTRATION BEGINS AUG 18 UNTIL FULL

THIS INSTRUCTIONAL LEAGUE TEACHES THE FUNDAMENTALS OF FLAG FOOTBALL IN A FUN ENVIRONMENT. EACH WEEK WILL START WITH A 20 MINUTE PRACTICE FOLLOWED BY TWO, 12 MINUTE HALVES, WITH A RUNNING CLOCK. SCORES WILL NOT BE KEPT FOR THESE GAMES. T-SHIRTS WILL BE INCLUDED. THERE WILL BE NO SCHEDULED PRACTICES BETWEEN GAMES. GAMES WILL BE PLAYED IN THE EVENINGS.

GRADE 3-4 LEAGUE

DATES: SAT | SEP 7–OCT 12

GRADE: 3–4

FEE: \$51 (RESIDENT), \$61 (NON-RESIDENT)

LOCATION: PALISADE PARK

GRADE 5-6 LEAGUE

DATES: SAT | SEP 5–MID/LATE OCT | TIME TBD

GRADE: 5–6

FEE: \$51 (RESIDENT), \$61 (NON-RESIDENT)

LOCATION: PALISADE PARK

GRADE 7-9 LEAGUE

DATES: THU | SEP 5–MID/LATE OCT | TIME TBD

GRADE: 7–9

FEE: \$60 (RESIDENT), \$70 (NON-RESIDENT)

LOCATION: CITY CENTER PARK

REGISTER NOW UNTIL AUG 10 OR UNTIL FULL. LATE REGISTRATION BEGINS AUG 18 UNTIL FULL

TEAMS ARE FORMED BY NEIGHBORHOOD AREAS AND CURRENT SCHOOL GRADE. GAMES WILL BE PLAYED THURSDAY EVENINGS. FEE INCLUDES TEAM T-SHIRTS. THERE WILL BE A POST SEASON, SINGLE ELIMINATION TOURNAMENT. 6 GAMES AND 1 PLAYOFF GAME GUARANTEED.

YOUTH VOLLEYBALL LEAGUE

DATES: THU | SEP 4–OCT 9 | 6–7:25PM (GRADE 4–6),
7:30–8:55PM (GRADE 7–8)

AGE: 4–6, 7–8

FEE: \$57 (RESIDENT), \$67 (NON-RESIDENT)

LOCATION: HILLCREST PARK CENTER

REGISTER NOW UNTIL AUG 24

THIS CLINIC/LEAGUE IS DESIGNED TO TEACH BASIC VOLLEYBALL SKILLS IN A FUN, INTERACTIVE SETTING. PARTICIPANTS WILL BE DIVIDED INTO TEAMS FOR THE CLINIC PORTION AND SCRIMMAGE PORTION. EACH DAY WILL HAVE A PORTION OF BOTH CLINIC DRILLS AND SCRIMMAGES. VOLUNTEER COACHES NEEDED.

HILLCREST

NEW SUBSCRIPTION MERO'S TINY TUSK PRESCHOOL

DATES: MON/WED/FRI | SEP 4-MAY 22 | 9-11:30AM (MORNING SESSION), 12-2:30PM (AFTERNOON SESSION)

AGE: 3-5

FEE: \$175/MONTH

LOCATION: HILLCREST PARK CENTER CLASSROOM

REGISTER NOW

THIS PROGRAM PROVIDES CHILDREN WITH THE POSITIVE INTELLECTUAL STIMULATION AND SOCIAL SKILLS THEY NEED TO PREPARE FOR SCHOOL. 2 DIFFERENT CLASS TIMES FOR EACH SESSION. CALENDAR FOLLOWS THE SAME HOLIDAYS AS ALPINE SCHOOL DISTRICT. MUST BE POTTY TRAINED. SIGN UP ANYTIME DURING THE YEAR! ENROLLMENT ENDS IN APRIL 2026. **SIGN UP BY AUG 26 TO RECEIVE THE MONTH OF DECEMBER FREE!**

ADDITIONAL HILLCREST PROGRAMS:

- **CHILD + YOUTH: PAGES 8-9**
- **LIBRARY: PAGE 25**
- **ADULT: PAGES 13-14**



LIBRARY LOCKERS

CHOOSE HILLCREST LOCKERS AS A PICK-UP LOCATION WHEN PLACING HOLDS ON ITEMS IN OUR LIBRARY! ITEMS PLACED ON HOLD ARE DELIVERED DAILY MONDAY-FRIDAY. A BOOK RETURN DROP IS LOCATED NEAR THE LOCKERS.

HILLCREST GAME ROOM HOURS

CLOSED ON NATIONAL HOLIDAYS, VIEW HILLCREST CALENDAR FOR MORE DETAILS. OREMRECREATION.COM/HILLCREST

JUN 1-AUG 16, 2025

- MON-THU: 10AM-9PM
- FRI/SAT: 10AM-4PM
- SUN: CLOSED

AUG 18, 2025-MAY 30, 2026

- MON-THU: 4-9PM
- SAT: 9AM-4PM
- FRI/SUN: CLOSED

HILLCREST HOLIDAY SEASON

DEC 22, 2025-JAN 3, 2026

- GAME ROOM HOURS: 7AM-1PM
- INDOOR PICKLEBALL RESERVATION (COURTRESERVE) ONLY MONDAY & WEDNESDAY 7:00 AM - 10:00 AM
- BASKETBALL RESERVATION ONLY TUESDAY & THURSDAY 7:00 AM - 10:00 AM (\$50/HOUR)
- **HILLCREST HOLIDAY RENTALS - SEE PAGE 28**
 - MONDAY - SATURDAY TIME BLOCK FOR RESERVATIONS:
 - 1PM-4PM AND 5PM TO 8PM



NEW CITY OF OREM PARKS



NORTHRIDGE PARK TENNIS & PICKLEBALL COURTS

THE PICKLEBALL COURTS AND TENNIS COURT AT NORTHRIDGE PARK WERE JUST RECENTLY REDONE TO BE BRIGHT AND BEAUTIFUL. MAKE SURE TO CHECK THEM OUT BEFORE THE SUMMER SEASON ENDS!

WINDSOR PARK & JAZZ COMMUNITY COURT

THE CITY OF OREM CELEBRATED THE OPENING OF A BRAND NEW UTAH JAZZ BASKETBALL COURT AT WINDSOR PARK, THE FIRST IN UTAH TO FEATURE THE PURPLE AND BLUE MOUNTAIN BASKETBALL CITY EDITION DESIGN. THE COURT IS IN PARTNERSHIP BETWEEN THE CITY OF OREM, THE UTAH JAZZ, LAYTON CONSTRUCTION, LVT, AND CLYDE COMPANIES.



LOOKING FOR MORE COURTS LIKE THESE IN OREM? CHECK OUT THESE PARKS!

BASKETBALL | TENNIS | PICKLEBALL

BONNEVILLE PARK	●	●	●
CASCADE PARK	●	●	●
CHERRY HILL PARK		●	
COMMUNITY PARK		●	
FOOTHILL PARK		●	
HILLCREST PARK			●
NORTHRIDGE PARK		●	●
ORCHARD PARK		●	
PALISADE PARK		●	
SHARON PARK			●
SPRINGWATER PARK	●	●	
WINDSOR PARK	●	●	



ADULT PROGRAMS



RACQUETBALL

RACQUETBALL LEAGUES

DATES: TUE | OCT 7–NOV 18 (SESSION 1), JAN 6–FEB 17 (SESSION 2), MAR 3–APR 14 (SESSION 3) | 6–7:30PM (A&B INTERMEDIATE TO ADVANCED) OR 8–9:30PM (C&D BEGINNER TO INTERMEDIATE PLAYERS)

AGE: 16+

FEE: \$26 (OFFC MEMBERS), \$68 (NON-MEMBER FEE)

[REGISTER NOW](#)

CALLING ALL RACQUETBALL ENTHUSIASTS! GET READY TO ELEVATE YOUR GAME AND EXPAND YOUR SOCIAL CIRCLE BY JOINING OUR RACQUETBALL LEAGUE. THIS LEAGUE OFFERS A FANTASTIC OPPORTUNITY TO SHARPEN YOUR SKILLS, LEARN NEW STRATEGIES, AND ENGAGE IN FRIENDLY COMPETITION WITH FELLOW PLAYERS.

OREM OPEN RACQUETBALL TOURNAMENT

DATES: MAR 2026

AGE: 16+

FEE: \$45 1ST EVENT, \$20 2ND EVENT

[REGISTRATION OPENS FEB](#)

TOURNAMENT WILL BE ROUND ROBIN FORMAT WITH PLAYOFFS ON SATURDAY. DIVISIONS INCLUDE SINGLES (OPEN, A, B, C, D FOR MEN'S AND WOMEN'S) AND DOUBLES (UPPER AND LOWER MEN'S AND WOMEN'S DIVISIONS).

LOOKING FOR MORE ADULT PROGRAMS?

- **PICKLEBALL:** PAGE 14
- **TRAINING PROGRAMS:** PAGE 15
- **FITNESS CLASSES:** PAGE 16–17
- **AQUATICS:** PAGES 20–21

ADULT BRAZILIAN JIU-JITSU

DATES: FRI | DATES TBD | 7:45–9PM

AGE: 14+

FEE: \$60

[REGISTER NOW](#)

BRAZILIAN JIU-JITSU WAS DEVELOPED PRIMARILY WITH THE INTENTION OF USING TECHNIQUE & LEVERAGE TO CONTROL A LARGER OPPONENT IN A SELF DEFENSE SITUATION.

TENNIS

DATES: TUE/THU | SEP 22–OCT 9 (SESSION 7) | 6–7PM

AGE: 18+

FEE: \$48 (RESIDENT), \$58 (NON-RESIDENT)

LOCATION: WINDSOR

[REGISTER NOW UNTIL FULL](#)

CLASSES ARE TAUGHT USING THE LATEST UNITED STATES TENNIS ASSOCIATION TEACHING METHODS. PARTICIPANTS NEED TO PROVIDE THEIR OWN TENNIS RACKET AND APPROPRIATE ATTIRE. CLASS SIZES WILL VARY FROM 6 TO 8 PER CLASS.

SPRING SOFTBALL LEAGUES

MEN'S DOUBLE HEADER

DATES: TUE-THU EVENINGS | GAMES BEGIN MAR 2026 | TIME TBD

AGE: 18+

FEE: \$705/TEAM

REGISTRATION BEGINS JAN 1

TUESDAY (COMPETITIVE), WEDNESDAY (LESS COMPETITIVE), THURSDAY (RECREATION). 14 REGULAR SEASON GAMES, SINGLE ELIMINATION TOURNAMENT TO FOLLOW.

MEN'S SINGLE GAME LEAGUES

DATES: TUE-THU EVENINGS | GAMES BEGIN MAR 2026 | TIME TBD

AGE: 18+

FEE: \$376/TEAM

REGISTRATION BEGINS JAN 1

TUESDAY (COMPETITIVE), WEDNESDAY (LESS COMPETITIVE), THURSDAY (RECREATION). 14 REGULAR SEASON GAMES, SINGLE ELIMINATION TOURNAMENT TO FOLLOW.

COED LEAGUES

DATES: MON-THU EVENINGS | GAMES BEGIN MAR 2026 | TIME TBD

AGE: 18+

FEE: \$376/TEAM (SINGLE HEADER), \$705(DOUBLE HEADER)

REGISTRATION BEGINS JAN 1

MONDAY-THURSDAY SINGLE LEAGUE: 7 REGULAR SEASON GAMES FOLLOWED BY A SINGLE ELIMINATION TOURNAMENT. MONDAY DOUBLE HEADER LEAGUE: 14 REGULAR SEASON GAMES, SINGLE ELIMINATION TOURNAMENT TO FOLLOW.

DID YOU KNOW?

YOU CAN RENT A SPORTS FIELD FOR YOUR UPCOMING EVENT? VISIT PAGE 29 FOR MORE DETAILS.

COED ADULT VOLLEYBALL LEAGUE

DATES: MON (A DIVISION) OR WED (B DIVISION) | SEP 15-OCT 22 | GAMES BETWEEN 6-10:30PM

AGE: 18+

FEE: \$300/TEAM

LOCATION: HILLCREST PARK CENTER

REGISTER NOW

TWO DIVISIONS: A DIVISION (MORE COMPETITIVE) PLAYS MONDAY NIGHTS AND B DIVISION (REC LEVEL) PLAYS WEDNESDAY NIGHTS. 11 GAME GUARANTEE. FEE INCLUDES 10 LEAGUE GAMES, SINGLE-ELIMINATION TOURNAMENT, AND SHIRTS FOR 1ST AND 2ND PLACE.



MEN'S ADULT BASKETBALL LEAGUE

DATES: MON-THU (DEPENDING ON DIVISION) | PLAY BEGINS OCT 6 | TIME TBD (BETWEEN 5:45-10:30PM)

AGE: 18+

FEE: \$625/TEAM

LOCATION: HILLCREST PARK CENTER AND LOCAL SCHOOLS

REGISTRATION AUG 1-OCT 6

- MONDAY - UPPER DIVISION
- TUESDAY - LOWER DIVISION
- WEDNESDAY - MIDDLE DIVISION
- THURSDAY - LOWER DIVISION

GAMES WILL BE PLAYED AT LOCAL SCHOOLS AND HILLCREST FACILITY ON MONDAY-THURSDAY NIGHTS. 7 REGULAR SEASON GAMES + SINGLE ELIMINATION TOURNAMENT.

PICKLEBALL



5TH ANNUAL LABOR DAY PICKLEBALL CHALLENGE

DATES: AUG 29-30

FEE: \$40/TEAM

REGISTRATION CLOSES AUG 29 OR UNTIL FULL

JOIN US FOR OUR ANNUAL LABOR DAY CHALLENGE! POOL PLAY FOLLOWED BY A BRACKET. SIGN UP AS A TEAM, REGISTER ONE INDIVIDUAL AND LIST YOUR PARTNER. 5 GAME GUARANTEE. JUNIOR'S, MEN'S, WOMEN'S, MIXED, SENIOR'S AND PARENT/CHILD DIVISIONS AVAILABLE. SKILL LEVELS FROM 3.0-5.0. GAMES PLAYED TO 11, WIN BY 2, CAP AT 13. SNACKS AND DRINKS PROVIDED. PRIZES FOR THE WINNERS.

FALL ROUND ROBIN + PICKLEBALL LEAGUE

DATES: TUE | AUG 19-SEP 30 | 7-9:30PM

AGE: 18+

FEE: \$35/PLAYER

LOCATION: HILLCREST PARK

REGISTER BY AUG 12

FALL COED ROUND ROBIN LEAGUE. 7 WEEKS LONG. SIGN UP INDIVIDUALLY. EACH WEEK YOU WILL ROTATE PLAYING WITH SOMEONE DIFFERENT. SKILL LEVELS FROM 3.0-4.0. 8 PLAYERS NEEDED FOR EACH LEAGUE.

DO YOU WANT TO GUARANTEE YOUR COURT TIME?

SIGN UP FOR COURT RESERVE AND SECURE YOUR SPOT HERE:



HILLCREST PARK PICKLEBALL
\$10/COURT/HOUR

PICKLEBALL CLINICS

YOUTH PICKLEBALL CLINIC

DATES: WED | AUG 7-28* | 6:30-7:30PM

GRADE: 3-8

FEE: \$38

LOCATION: HILLCREST PARK

REGISTRATION OPENING SOON

COME LEARN, PRACTICE, AND HAVE FUN PLAYING PICKLEBALL THIS SEASON. ANY SKILL LEVEL WELCOME. PLEASE BRING A PADDLE. BALLS WILL BE PROVIDED. *ADDITIONAL DATES COMING SOON.

ADULT PICKLEBALL CLINIC

DATES: TBD

FEE: TBD

LOCATION: HILLCREST PARK

REGISTRATION OPENING SOON

COME LEARN, PRACTICE, AND HAVE FUN PLAYING PICKLEBALL THIS SEASON. ANY SKILL LEVEL WELCOME. PLEASE BRING A PADDLE. BALLS WILL BE PROVIDED.

TRAINING PROGRAMS



WEIGHTLIFTING

WEIGHTLIFTING 101

DATES: SAT | AUG 16-SEP 13, SEP 20-OCT 11, NOV 1-22 | 9-9:55AM

AGE: 14+

FEE: \$50

[REGISTER NOW](#)

THIS CLASS IS DESIGNED TO HELP YOU LEARN THE BASICS OF WEIGHTLIFTING SO YOU CAN FEEL COMFORTABLE NAVIGATING YOUR WAY THROUGH THE GYM. CLASSES WILL BE TAUGHT BY A PERSONAL TRAINER.

WEIGHTLIFTING 201

DATES: SAT | AUG 2-23, SEP 20-OCT 11, NOV 1-22 | 11-11:55AM

AGE: 14+

FEE: \$50

[REGISTER NOW](#)

THIS CLASS IS DESIGNED TO EXPAND UPON THE BASICS FROM THE WEIGHTLIFTING 101 CLASS OR FOR PEOPLE WITH BASIC WEIGHTLIFTING KNOWLEDGE.

SENIOR WEIGHTLIFTING CLASS

DATES: WED | SEP 3-SEP 24, OCT 1-22, NOV 12-DEC 10 | 9-9:55AM

AGE: 60+

FEE: \$50

[REGISTER NOW](#)

BUILD UP YOUR STRENGTH AND FLEXIBILITY BY LEARNING HOW TO SAFELY WORK YOUR MAJOR MUSCLE GROUPS AND INCREASE YOUR RANGE OF MOTION.

PERSONAL TRAINING

FEE: \$55/INDIVIDUAL SESSION OR \$35/PERSON FOR JOINT 2-PERSON SESSION

[REGISTER ANYTIME](#)

OUR EXPERIENCED AND CERTIFIED PERSONAL TRAINERS ARE READY TO WORK WITH YOU! REGARDLESS OF YOUR GOALS, FITNESS LEVEL, ABILITY, OR LIMITATIONS, WE'LL CREATE A PLAN SO YOU CAN BE SUCCESSFUL. REGISTER FOR MULTIPLE SESSIONS AT A TIME TO GET BETTER PRICING OR SEE PAGE 4 FOR BLACK FRIDAY DISCOUNTS.

WOMEN'S SELF DEFENSE

DATES: FRI | SEP 12-OCT 3 | 7:45-9PM

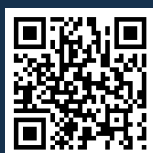
AGE: 12+

FEE: \$60

[REGISTER NOW](#)

THIS COURSE IS DESIGNED FOR WOMEN TO LEARN HOW TO PHYSICALLY DEFEND THEMSELVES FROM AN AGGRESSOR. WE'LL BE UTILIZING TIME-PROVEN TECHNIQUES TO GET AWAY FROM DANGER, AND PRACTICING JOINT LOCKS AND CHOKES DESIGNED FOR A SMALLER PERSON TO DEFEND THEMSELVES AGAINST A LARGER ATTACKER. WHETHER YOU'RE LOOKING FOR SELF-DEFENSE, EMPOWERMENT AND CONFIDENCE, OR STRESS RELIEF, YOU WILL HAVE A GREAT TIME WITH THIS COURSE!

MEET YOUR PERSONAL
TRAINERS HERE



FITNESS CLASSES

CLASS HIGHLIGHTS

SURGE STRENGTH

A HIGH-REP, TARGETED, ALL WEIGHT TRAINING WORKOUT; SET TO MUSIC YOU KNOW AND LOVE THAT WILL LEAVE YOU FEELING LEAN AND STRONG. MUSCLE FOCUSED, HIGH REPETITION, STRENGTH TRAINING TRACKS, USING DUMBBELLS, STRENGTHEN, SHAPE AND TONE EVERY MUSCLE IN THE BODY. NO CARDIO, NO HIGH IMPACT!

STEP FITNESS

YOUR INSTRUCTOR WILL TAKE YOU THROUGH ONE-OF-A-KIND CHOREOGRAPHED STEP ROUTINES SET TO ALL GENRES OF MUSIC. FROM ROCK TO POP, THIS CLASS IS GUARANTEED TO MAKE YOU SMILE WHILE MOVING AROUND THE STEP!

CYCLING

A POPULAR CARDIO WORKOUT THAT INVOLVES FAST-PACED CYCLING ON A STATIONARY BIKE. OUR SPECIALLY DESIGNED BIKES GIVE YOU THE CONTROL OF YOUR INTENSITY WITH THE ABILITY TO ADJUST YOUR SPEED AND RESISTANCE

STRENGTH TRAINING

THIS CLASS IS DESIGNED TO INCREASE PHYSICAL STRENGTH THROUGH WEIGHT-BEARING AND RESISTANCE EXERCISES. THE CLASS USES A VARIETY OF EQUIPMENT SUCH AS DUMBBELLS, RESISTANCE BANDS, STABILITY BALLS, AND MORE TO CONTRIBUTE TO THE WORKOUT.

HIGH FITNESS

A HIGH-ENERGY, FUN FITNESS CLASS THAT INCORPORATES INTERVAL TRAINING WITH POP MUSIC, AND INTENSE EASY-TO-FOLLOW FITNESS CHOREOGRAPHY. HIGH FITNESS PRODUCES A HIGH CALORIC BURN AND FULL-BODY TONING THROUGH ITS CAREFULLY FORMULATED CHOREOGRAPHY.

CARDIO AND TONE

A FULL BODY WORKOUT WITH A COMBINATION OF CARDIO AND STRENGTH EXERCISES. THE CLASS USES A VARIETY OF FITNESS EQUIPMENT TO WORK ON CORE STRENGTH, MUSCLE BUILDING, CARDIOVASCULAR ENDURANCE, AND FLEXIBILITY.



DID YOU KNOW?

YOU CAN ENJOY A CLASS WHILE YOUR CHILD ENJOYS OUR CHILD CARE! VIEW PAGE 5 FOR MORE DETAILS

**VIEW OUR COMPLETE
CALENDAR OF FITNESS
CLASSES HERE**





PHOTO TAKEN BY MAHALA SOANE

ADAPTIVE ZUMBA

DATES: SAT | 10-10:50AM | SMALL STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

AN ADAPTIVE ZUMBA CLASS FOR ALL! EVERYONE IS INVITED TO PARTICIPATE IN THIS DANCE CLASS SET TO MUSIC WITH MODIFICATIONS CREATED FOR THOSE WITH LIMITED MOBILITY OR PHYSICAL DISABILITIES. ZUMBA CLASSES ARE FUN, EXCITING, DANCE CLASSES THAT GET THE PARTICIPANTS MOVING AND THESE ADAPTIVE CLASSES ARE DESIGNED WITH MODIFICATIONS IN MIND.

NEW YOGA WITH SOUND BATH

DATES: SEP 12, NOV 14, JAN 9 | 7-8:30PM | LARGE STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

CLASS STARTS WITH A 50 MINUTE RESTORATIVE YOGA CLASS FOLLOWED BY A 30 MINUTE SOUND BATH. THIS CLASS COMBINES THE DEEP RELAXATION OF RESTORATIVE YOGA WITH THE SOOTHING VIBRATIONS OF A SOUND BATH TO CREATE A DEEPLY CALMING AND REJUVENATING EXPERIENCE. GENTLE, SUPPORTED POSES PREPARE THE BODY AND MIND FOR THE HEALING TONES OF SINGING BOWLS, PROMOTING REST, BALANCE, AND INNER PEACE.

NEW CLUB ZUMBA

DATES: TBD | MONTHLY ON FRI | 6PM | LARGE STUDIO

FREE WITH MEMBERSHIP OR DAILY ADMISSION

JOIN OUR ZUMBA INSTRUCTORS ON SPECIALTY THEMED ZUMBA PARTY NIGHTS, UNDER GLOW OR BLACK LIGHTS. THIS MONTHLY CLASS WILL BRING CLUB LIGHTS TO OUR ZUMBA DANCE FORMAT. CLASS WILL BE HOSTED MONTHLY ON FRIDAYS, DATES TO BE DETERMINED.



WITH OVER 100 CLASSES HAPPENING EVERY WEEK, THERE IS SOMETHING FOR EVERYONE!

CLASSES ARE INCLUDED WITH YOUR MEMBERSHIP OR DAILY ADMISSION

OREM SENIOR FRIENDSHIP CENTER



OREM SENIOR FRIENDSHIP CENTER IS DEDICATED TO SERVING PATRONS AGED 55 AND OLDER. WE INVITE ANYONE 55 AND OLDER TO JOIN US FOR LEARNING OPPORTUNITIES, EXERCISE CLASSES, EVENTS, AND DAILY MEALS THAT ARE MADE ON-SITE.

OPERATIONS

HOURS: 9AM - 4PM

DAYS: MON - FRI

*CLOSED ON ALL HOLIDAYS

MEMBERSHIP

FEE: \$22/YEAR (AGE 55-79)

*GOLDEN MEMBERS (80+ RECEIVE A FREE ANNUAL MEMBERSHIP FOR LIFE)

CONTACT

FRONT DESK: 801-229-7111

EMAIL: OSFC@OREM.GOV

ADDRESS: 93 N 400 E, OREM

INSTAGRAM:

[@OREMSENIORFRIENDSHIPCENTER](https://www.instagram.com/OREMSENIORFRIENDSHIPCENTER)

FACEBOOK:

[@OREMSENIORFRIENDSHIPCENTER](https://www.facebook.com/OREMSENIORFRIENDSHIPCENTER)

YOUTUBE:

[@OREMSENIORFRIENDSHIPCENTER9435](https://www.youtube.com/channel/UC9435)

DAILY MEAL PROGRAM

DATES: MON-FRI | 12-12:30PM

FEE: \$6*

OUR HOMECOOKED, DELICIOUS MEAL PROGRAM IS AMAZING! YOU MUST RESERVE AND PAY FOR YOUR MEAL AT LEAST ONE BUSINESS DAY IN ADVANCE, BEFORE NOON. *LUNCHESES ARE \$6 EACH WITH A DISCOUNT TO \$5 EACH IF PURCHASING 4 OR MORE AT ONE TIME. ANYONE, ANY AGE CAN EAT HERE, THE PRICE IS ALWAYS \$6.

**STAY INFORMED WITH
OUR MONTHLY NEWSLETTER**



BRILLIANT UNIVERSITY

BRILLIANT UNIVERSITY IS A CONTINUING EDUCATION PROGRAM THAT HAS WON MULTIPLE AWARDS. WE OFFER TWO SEMESTERS ANNUALLY, INTRODUCING SEVERAL NEW 9 WEEK COURSES. CLASSES BEGIN MON, SEP 8-FRI, NOV 7. NO CLASS ON OCT 13. REGISTRATION FOR CLASS REQUIRED. SEATING IS LIMITED.

MONDAYS

9-10AM | HULA DANCING
10-11AM | FOLK DANCE
10-10:45AM | WALK AND TALK
12:30-2:30PM | MONDAY MOVIES

TUESDAYS

9-10AM | CONVERSATIONAL SPANISH
9:30-11AM | SEWING
10-11AM | UKULELE
11:15-11:55AM | RUBIK'S CUBE CLUB
1:45-2:45PM YOUNG AT HEART

WEDNESDAYS

9-11:45AM | WATERCOLOR GROUP
10-10:45AM | PREHAB
11:15-11:55AM | KARAOKE CLUB
1-2:30PM | NATIVE AMERICAN STYLE FLUTE

THURSDAYS

9-10AM | NEW CLASS COMING SOON
10-11AM | PERSONAL HISTORY
11:15-11:55AM | ESSENTIAL OILS
1:45-2:45PM | NEW CLASS COMING SOON

FRIDAYS

9-10AM | ZODI-YAK
10:30-11:30AM | NEW CLASS COMING SOON
12:30-1:30PM | GARDENING WITH DONNA
12:30-1:30PM | NEW CLASS COMING SOON



DID YOU KNOW?

WE OFFER CLASSES SUCH AS SILVER SNEAKERS, ZUMBA GOLD, AND TAI CHI CLASSES AT THE OREM FAMILY FITNESS CENTER. YOU MAY QUALIFY FOR A FITNESS CENTER MEMBERSHIP THROUGH YOUR INSURANCE.

FITNESS CENTER MEMBERSHIPS START AT \$17/MONTH OR \$157/YR FOR AGES 60+

EVENTS & ACTIVITIES

BINGO

DATE: TUE/THU | 12:45PM

COME AND PLAY A FUN GAME OF BINGO WITH US! PRIZES VARY DAILY.

THRIFT SHOP

DATE: TUE/THU | 9:30-11AM

BRING DONATIONS TO OUR FRONT OFFICE. EVERYTHING IS 25 CENTS EACH! COME AND FIND YOUR NEW FAVORITE PIECE OF CLOTHING

AQUATICS

SUBSCRIPTION SWIM TEAM

**DATES: MON-THU | BEGINS SEP 2 | 5:30-6:30PM
OR SAT | 9-10AM, 10-11AM**

AGE: 8+

FEE: \$34 MONTHLY PER SESSION DAY

REGISTER ANYTIME

PRACTICES INCLUDE WARM UP, DRILLS, KICKING, MAIN SETS, TECHNIQUE AND COOL DOWN. COACHES DECIDE THE DAY TO DAY PRACTICE STRUCTURE, BUT IT IS USUALLY A VARIETY OF ALL OF THOSE THINGS. COACHES ALSO SEPARATE KIDS INTO DIFFERENT LANES DEPENDING ON THEIR SPEED AND SWIM TEAM EXPERIENCE. SWIMMERS MUST BE ABLE TO SWIM 25 YARDS OF NONSTOP FREESTYLE AND BACKSTROKE.

SUBSCRIPTION SWIM LESSONS

DATES: MON-FRI | 4-6PM

AGE: 3+

FEE: \$34/MONTH

LOCATION: OREM FAMILY FITNESS CENTER

REGISTER ANYTIME

SWIM LESSONS THAT FIT YOUR SCHEDULE. CHOOSE WHAT DAY AND TIME WORKS FOR YOU AND YOU'RE READY TO GO! CLASS OCCURRENCE VARIES PER MONTH DEPENDING ON CALENDAR. MINIMUM 3 CLASSES PER MONTH. AT THE END OF EACH MONTH YOU'LL GET A PERSONALIZED REPORT WITH YOUR KID'S PROGRESS AND AN ACTIVITY FOR YOU TO PRACTICE ON YOUR OWN TIME.

PRIVATE/SEMI-PRIVATE SWIM LESSONS

DATES: VARIOUS TIMES

AGE: 3+

FEE: \$45-70*

REGISTER ANYTIME

PRIVATE LESSONS ARE \$70 FOR 4X 30 MINUTE PRIVATE LESSONS (1 CHILD), SEMI-PRIVATE LESSONS ARE \$45/CHILD FOR 4X 30 MINUTE LESSONS (MUST ENROLL 2 KIDS WHO ARE AT THE SAME SWIM LEVEL TO QUALIFY FOR THIS PRICING OPTION). 1 ON 1 ATTENTION WITH THE INSTRUCTOR. YOU CHOOSE YOUR INSTRUCTOR, TIME AND DAY AS LONG AS IT WORKS FOR THE INSTRUCTOR (INSTRUCTOR AVAILABILITY CAN BE FOUND ON OUR WEBSITE). SEMI PRIVATE CLASSES YOU NEED TO SIGN UP IN PERSON OR OVER THE PHONE.

ADULT SUBSCRIPTION SWIM LESSONS

DATES: WED/FRI | 6-6:30PM OR 6:30-7PM

AGE: 18+

FEE: \$34/MONTH

LOCATION: OREM FAMILY FITNESS CENTER

REGISTER ANYTIME

THIS PROGRAM IS GEARED TOWARDS HELPING ADULTS GET COMFORTABLE IN THE WATER AND LEARN TO SWIM. START AND STOP ANYTIME. CLASS OCCURRENCE VARIES PER MONTH DEPENDING ON CALENDAR. MINIMUM 3 CLASSES PER MONTH.

OREM MASTERS AQUATIC CLUB (OMAC)

DATES: MON/WED/FRI | 6-7:30AM

AGE: 18+

FEE: FREE WITH MEMBERSHIP OR DAILY ADMISSION

REGISTER NOW

TIRED OF SWIMMING LAPS ALONE? NEED SOME STROKE INSTRUCTION, WORKOUT MOTIVATION, OR JUST A SOLID SWIM WORKOUT WITH FUN PEOPLE? THIS IS THE PLACE FOR YOU! THE OREM FAMILY FITNESS CENTER IS OFFERING AN ADULT MASTERS SWIM CLASS. THIS PROGRAM IS GROUP ADULT SWIM WORKOUTS WITH A USMS-CERTIFIED COACH FOR FITNESS, COMPETITION, OR TRIATHLON TRAINING. ALL ABILITY LEVELS WELCOME!

SCAN THE QR
CODE
TO LEARN
MORE!



OREM RAYS COMPETITIVE SWIM TEAM

JOIN THE OREM RAYS TEAM, COMPRISED OF 4 SKILL LEVEL GROUPS PRACTICING IN OREM WATER, AND HAVE YOUR SWIMMER DEVELOP SKILLS AND COMPETE IN MEETS WITH OTHER LOCAL SWIM TEAMS. MONTHLY OPTIONS AVAILABLE. THIS IS THE PERFECT OPPORTUNITY TO LET YOUR SWIMMER GET COMPETITIVE ON A SUPPORTIVE TEAM.

FOR FULL DETAILS PLEASE VISIT:

GOMOTIONAPP.COM/TEAM/USUVR/PAGE/HOME

ADDITIONAL DETAILS
AND SWIM TEAM
REGISTRATION CAN BE
FOUND HERE





WATER AEROBICS

DATES: MON-FRI, VARIOUS TIMES

AGE: 14+

LOCATION: OREM FAMILY FITNESS CENTER OR SCERA POOL

WE HOLD CLASSES IN THE MORNING AND EVENING TO SUIT YOUR NEEDS. VARIOUS WORKOUTS WITH DIFFERENT LEVELS. OFFERED AT OREM FAMILY FITNESS CENTER AND SCERA POOL. FINALIZED SCHEDULES WILL BE POSTED ONLINE.

TRY ONE OF THE FOLLOWING:

- AQUA DEEP FIT
- AQUA ZUMBA
- ARTHRITIS EXERCISE
- BOOT CAMP
- DEEP WATER SPLASH
- HIIT
- POWER WAVE
- AND MORE

LEISURE POOL HOURS

OPEN PLUNGE	5AM - 9:50PM (MON-SAT)
LAZY RIVER	5AM - 9:50PM (MON-SAT)
PLAY STRUCTURE	3PM - 9:50PM (MON-FRI)
	12PM - 9:50PM (SAT)
WATER SLIDE	3PM - 9:50PM (MON-FRI)
	12PM - 9:50PM (SAT)
DIVING BOARD	7:15PM - 09:50PM (MON-FRI)
	12PM - 09:50PM (SAT)

DROP-IN WATER POLO

DATES: SAT | 11AM-12PM

AGE: 14+

FREE WITH MEMBERSHIP OR DAILY ADMISSION

JOIN US FOR A PRAGMATIC AND SKILL-FOCUSED APPROACH TO WATER POLO. WHETHER YOU'RE LOOKING TO REFINE YOUR TECHNIQUE, ENHANCE YOUR COMPETITIVE EDGE, OR SIMPLY ENJOY THE CAMARADERIE OF A DEDICATED COMMUNITY. OUR WATER POLO PROGRAM OFFERS A PLATFORM FOR CONTINUAL IMPROVEMENT AND ACHIEVEMENT IN THIS DYNAMIC AQUATIC SPORT.

FULL POOL SCHEDULE



LIBRARY HALL EVENTS

HAPPY VALLEY COMEDY

SAT | SEP 27, NOV 8 & JAN 31 | 7PM | ASHTON AUDITORIUM

GET READY FOR A SPECIAL EVENING OF LAUGHTER AND FUN WITH HAPPY VALLEY COMEDY! SOME OF UTAH'S MOST HILARIOUS COMEDIANS WILL TAKE ANYONE WHO LOVES TO LAUGH ON A RIOTOUS 75-MINUTE JOURNEY OF LIVE STAND-UP COMEDY. PG RECOMMENDED.

GET TICKETS + INFO TO ALL LIBRARY HALL EVENTS HERE



JOSIE-O & THE BIG SIX

SAT, OCT 11 | 7PM | ASHTON AUDITORIUM

BLENDING COUNTRY CLASSICS WITH ORIGINAL COMPOSITIONS AND A TOUCH OF OLD TIME FLAIR, JOSIE-O & THE BIG SIX SING TO THE RESTLESS COWBOYS AND BROKEN HEARTED ROMANTICS AS THEY EXPLORE THE ORIGINS OF THE YODEL.



UTAH VALLEY CIVIC BALLET: THE NUTCRACKER

FRI, DEC 5 AT 7PM & SAT DEC 6 AT 1PM & 7PM | ASHTON AUDITORIUM

THE CLASSIC TALE OF A YOUNG GIRL, CLARA, WHO RECEIVES A MAGICAL NUTCRACKER DOLL AND IS THEN LED ON AN ADVENTURE TO FANTASTICAL PLACES WITH DANCING SNOWFLAKES, THE SUGAR PLUM FAIRY, AND MORE! FOR MORE INFORMATION ON AUDITIONS, VISIT UVCIVICBALLET.ORG/AUDITIONS.

- ADULT'S AUDITIONS (14-18+):
 - SEP 6 | 10AM-12PM | LIBRARY HALL
- CHILDREN'S AUDITIONS (8-14):
 - SEP 13 | 10AM-12PM | LIBRARY HALL



WASATCH CONTEMPORARY DANCE

FRI, NOV 14 & SAT, NOV 15 | 7PM | ASHTON AUDITORIUM
SAT, NOV 15 | 1PM | ASHTON AUDITORIUM

THIS EVENING-LENGTH PERFORMANCE TRANSFORMS POETRY INTO RAW, PHYSICAL EXPRESSION. ROOTED IN THE CADENCE OF LANGUAGE, INK & BONE AS DANCERS GIVE FORM TO LANGUAGE THROUGH BREATH, TENSION, AND MOTION. A 45-MINUTE FREE PERFORMANCE FOR FAMILIES AND THOSE WITH SENSORY NEEDS WILL BE OFFERED ON SATURDAY AFTERNOON.

HOT HOUSE WEST SWING ORCHESTRA

SAT, FEB 7 | 7PM | ASHTON AUDITORIUM

THIS 14-PIECE SWING MACHINE ENCAPSULATES THE RAW ENERGY, EXPRESSION, AND JOY OF SWING RHYTHM. DRAWING UPON THE RICH HISTORY OF SWING MUSIC, THE SWING ORCHESTRA MASTERFULLY BLENDS TRADITIONS AND STYLES. FROM GYPSY JAZZ TO WESTERN SWING, TRAD JAZZ TO BEBOP; IF IT SWINGS, NOTHING IS OFF-LIMITS!



EXCELLENCE IN THE COMMUNITY

JOIN US FOR A DIVERSE RANGE OF UTAH ARTISTS AND MUSICAL STYLES, FROM JAZZ TO CLASSICAL, BROADWAY TO BLUEGRASS, AND CELTIC TO COUNTRY AS WE SHOWCASE THE WONDERFUL VARIETY OF UTAH'S MUSIC SCENE FOR FREE.

BEFORE TONIGHT: A MUSICAL NATIVITY

SAT, DEC 13 | 7PM

ASHTON AUDITORIUM

A CONTEMPORARY NON-DENOMINATIONAL RETELLING OF THE CHRISTMAS STORY BY ROB MOFFAT AND DIEGO HELLEWELL WITH ALL ORIGINAL MUSIC AND NARRATION FROM LUKE 2. TICKETS AVAILABLE AT LIBRARY.OREM.GOV.

ADDITIONAL HOLIDAY PERFORMANCES

7PM | ASHTON AUDITORIUM

MAKE YOUR HOLIDAYS MERRY AND BRIGHT WITH FESTIVE CONCERTS AND PERFORMANCES AT LIBRARY HALL! DOORS OPEN 30 MINUTES PRIOR TO THE PERFORMANCE. NO TICKETS REQUIRED.

- **TUE, DEC 2** | UTAH BAROQUE ENSEMBLE
- **MON, DEC 8** | CANTORUM CHAMBER CHOIR
- **THU, DEC 11** | MAPLETON CHORALE
- **FRI, DEC 12** | OREM CHORALE
- **MON, DEC 15** | CHAUNTENETTES WOMEN'S CHORUS
- **TUE, DEC 16** | A CHRISTMAS CAROL ONE-MAN SHOW
- **WED, DEC 17** | AN ROGAIRE DUBH

LIBRARY EVENTS

BACK TO HOGWARTS DAY

SAT, SEP 5 | 6-8PM | ALL AGES | LIBRARY HALL

STEP ONTO PLATFORM 9¾ AND JOIN US FOR A MAGICAL "BACK TO HOGWARTS" CELEBRATION. WIZARDS AND MUGGLES ARE INVITED FOR AN ENCHANTING EVENING FILLED WITH SPELLBINDING ACTIVITIES, AND HARRY POTTER-THEMED FUN.

ART RECEPTION: COMMON THREADS

FRI, SEP 26 | 6:30-8:30PM

LIBRARY HALL ART GALLERY

LIBRARY HALL'S LATEST ART EXHIBITION FEATURES THE WORK OF ARTISTS REBECCA KLUNDT, CHRISTINE RICKS, MARISSA ALBRECHT, AND EVE BUTLER. JOIN US FOR AN EVENING OF ART ACTIVITIES, SNACKS, AND CREATIVITY.

MASTERS OF DUELING

MON, SEP 29 | 7PM | AGE: 5+

ASHTON AUDITORIUM

JOIN US FOR A NIGHT OF HIGH-ENERGY ENTERTAINMENT AS EXPERT ACTORS AND STUNT PERFORMERS BRING THE ART OF STAGE COMBAT TO LIFE IN DAZZLING DISPLAYS OF SKILL AND HUMOR.

CRAFT SUPPLIES SWAP

SAT, OCT 4 | 9-11AM | ALL AGES

ASHTON AUDITORIUM

BRING SUPPLIES IN CLEAN, USABLE CONDITION TO LIBRARY HALL ON FRIDAY, OCTOBER 3 FROM 12-8 PM, AND YOU'LL RECEIVE A TICKET TO SHOP THE SWAP FROM 9-10 AM ON SATURDAY, OCTOBER 4. DON'T HAVE SUPPLIES TO SWAP BUT WANT TO PICK UP SUPPLIES? STOP BY FROM 10-11 AM TO PERUSE.

ADULT BOOK CLUB

**3RD THURSDAY OF ODD MONTHS | 7-8:30PM | AGES: 18+
MEDIA AUDITORIUM**

- SEPTEMBER 18: PERSUASION BY JANE AUSTEN
- NOVEMBER 20: THE FROZEN RIVER BY ARIEL LAWHON

PLANETARIUM SHOW

THU, OCT 16 | 6-8PM | AGE: 5+ | ASHTON AUDITORIUM

EXPLORE THE NIGHT SKY AND LEARN ABOUT SPACE INSIDE A PLANETARIUM DOME! EACH SHOW IS 15 MINUTES LONG. REGISTRATION IS REQUIRED FOR EACH PARTICIPANT AT LIBRARY.OREM.GOV. CHILDREN MUST BE ACCOMPANIED BY AN ADULT.

OVER THE GARDEN WALL

THU, OCT 23 | 6PM | ALL AGES | ASHTON AUDITORIUM

JOIN US IN LIBRARY HALL FOR A WHIMSICAL JOURNEY INTO THE UNKNOWN WITH A SPECIAL SCREENING OF OVER THE GARDEN WALL (PG)-THE BELOVED ANIMATED MINISERIES THAT'S PERFECT FOR FANS OF MYSTERY, MAGIC, AND TALKING BLUEBIRDS! COME IN COSTUME AND ENJOY ACTIVITIES INSPIRED BY THE SHOW.

UTAH HUMANITIES BOOK FESTIVAL KEYNOTE SPEAKER: JENNIFER A. NIELSEN

SAT, OCT 25 | 5PM | AGE: 12+

ASHTON AUDITORIUM

JOIN JENNIFER A. NIELSEN, AUTHOR OF THE ASCENDANCE SERIES, THE UNDERWORLD CHRONICLES, AND MANY MORE POPULAR YOUNG ADULT AND JUNIOR BOOKS, AS SHE DISCUSSES HER NEW BOOK, THE FREE STATE OF JAX. RECOMMENDED FOR AGES 12+.

REGISTER HERE



LIBRARY EVENTS

BYU YOUNG COMPANY: MY ROBOT

WED, OCT 29 | 7PM | GRADE: K-4 | ASHTON AUDITORIUM

JOIN US FOR BYU YOUNG COMPANY'S PRODUCTION OF THE CHARMING MY ROBOT, FILLED WITH PHYSICAL COMEDY AND HUMOROUS SHENANIGANS.

DÍA DE LOS MUERTOS

SAT, NOV 1 | 10AM-1PM | ALL AGES | LIBRARY HALL

CADA AÑO SE CELEBRA EL DÍA DE LOS MUERTOS PARA RECORDAR A NUESTROS ANTEPASADOS. CELEBRA CON NOSOTROS ESTE AÑO A TRAVÉS DE MÚSICA, ARTE, DANZA, Y ACTIVIDADES.

DÍA DE LOS MUERTOS, OR DAY OF THE DEAD, IS A TIME OF REMEMBRANCE FOR LOVED ONES WHO HAVE PASSED ON. CELEBRATE WITH US THIS YEAR THROUGH MEXICAN MUSIC, ART, DANCE, ACTIVITIES, AND FOOD.

ART RECEPTION: LIBRARY HALL QUILT SHOW

MON, NOV 17 | 7-8:30PM | LIBRARY HALL ART GALLERY

CELEBRATE THE ART AND SKILL OF THE LOCAL QUILTING COMMUNITY AT THE OPENING RECEPTION OF THE 2ND ANNUAL QUILT SHOW. A POLL FOR YOUR FAVORITE QUILT AND REFRESHMENTS WILL BE PROVIDED.

QUILTS WILL BE DISPLAYED UNTIL JANUARY 16, 2026 AT THE LIBRARY HALL ART GALLERY

WANT YOUR QUILT TO BE DISPLAYED? SUBMIT IT HERE BY SATURDAY, OCTOBER 25 AT 6PM.



A CELEBRATION THROUGHOUT OZ

SAT, NOV 22 | 12-6PM | LIBRARY HALL

JOIN US FOR ONE SHORT DAY IN THE EMERALD CITY! WATCH THE WIZARD OF OZ AND WICKED, PART I IN CELEBRATION OF THE THEATRICAL RELEASE OF WICKED, PART II. ENJOY CRAFTS AND ACTIVITIES BETWEEN THE MOVIES. WEAR PINK OR GREEN TO ADD TO THE FUN.

- MOVIE: THE WIZARD OF OZ (G, 1939) | 12PM
- ACTIVITIES | 2PM
- MOVIE: WICKED, PART I (PG, 2024) | 3PM

HOW AUSTENTATIOUS! CELEBRATING JANE AUSTEN'S 250TH BIRTHDAY

THU, DEC 18 | 7PM | AGE: 18+ | LIBRARY HALL

ENJOY JANE AUSTEN TRIVIA, LIGHT REFRESHMENTS, AND THE COMPANY OF FELLOW AUSTEN ENTHUSIASTS AS WE HONOR THE WIT, WISDOM, AND ENDURING LEGACY OF ONE OF LITERATURE'S MOST CHERISHED AUTHORS. REGISTER AT LIBRARY.OREM.GOV.

DINOVEMBER CELEBRATION

TUE, NOV 18 | 6PM | ALL AGES | LIBRARY HALL

STOMP, STRETCH, AND ROAR WITH US AS WE CELEBRATE DINOVEMBER AT THE LIBRARY! ENJOY DINOSAUR-THEMED YOGA, CRAFTS, AND OTHER ACTIVITIES BECAUSE FOSSILS ROCK.

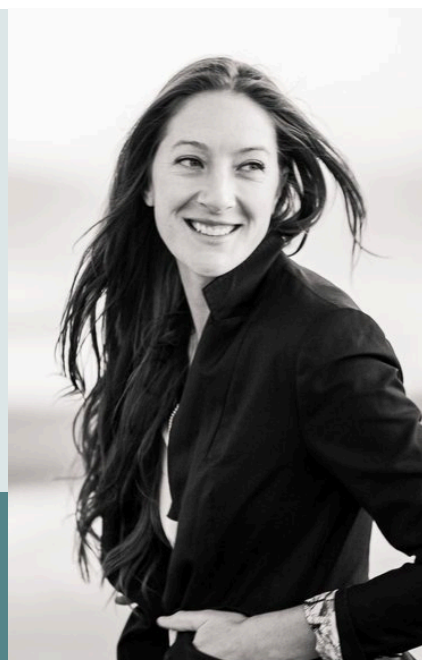
MEET THE AUTHOR: BETH BROWER

**THU, FEB 5 | 6:30PM
ASHTON AUDITORIUM**

JOIN BETH BROWER, AUTHOR OF THE UNSELECTED JOURNALS OF EMMA M. LION SERIES. LIMIT OF ONE BOOK SIGNED PER PERSON. THIS EVENT IS FREE BUT REGISTRATION IS REQUIRED.

- 5:30 PM | BOOK SALE
- 6:30 PM | AUTHOR TALK AND Q&A
- 7:30 PM | BOOK SIGNING

**REGISTER
HERE**



STORYTIME

SEP-NOV, JAN-APR

TODDLER TALES

TUE/WED/THU | 10AM, 11:10AM | AGE: 0-3 | KID ZONE

JOIN US FOR SONGS, FINGERPLAYS, AND SHORT STORIES TO INTRODUCE OUR YOUNGEST PATRONS TO THE WORLD OF WORDS.

PRESCHOOL STORYTIME

TUE/WED/THU | 10:30AM | AGE: 3-5 | STORYTELLING WING

STORIES, PUPPETS, AND ACTIVITIES TO ENGAGE YOUNGSTERS AND HIGHLIGHT THE JOYS OF BOOKS AND STORYTELLING.

PUPPETS & PJS STORYTIME

4TH MONDAY | 6PM | AGE: 0-7 | STORYTELLING WING

JOIN US BEFORE BEDTIME FOR AN INTERACTIVE EVENING STORYTIME FEATURING PUPPET SKITS, SONGS, AND STORIES.

BIG KIDS STORYTIME

3RD WEDNESDAY | 4PM | GRADE: K-2 | LIBRARY HALL

STORYTIME FOR BIG KIDS AND THEIR CAREGIVERS. WHILE FOCUSING ON LITERACY, WE WILL MAKE DISCOVERIES THROUGH PLAYFUL ACTIVITIES GROUNDED IN YOGA, STEM, OR ART. REGISTRATION REQUIRED.

LEGO LAB

THU | 4:30PM | ALL AGES | NORTH WING TOP FLOOR

FREE PLAY & BUILDING CHALLENGES. LEGO & DUPLO BLOCKS. CAREGIVER MUST ACCOMPANY AGES 7 AND UNDER. NO REGISTRATION NEEDED.

BOUNCING BABIES

FRI | 10AM | AGE: 0-18 MONTHS | STORYTELLING WING

BRING YOUR BABY TO THE STORYTELLING WING RHYMES, SONGS, MUSIC AND INTERACTING WITH OTHER INFANTS.

HORA DE CUENTOS

THU | 4PM | ALL AGES | KID ZONE

TRAIGA A TODA LA FAMILIA CADA SEMANA PARA UN CUENTO BILINGÜE ESPECIAL DE MEDIA HORA. TODAS LAS EDADES SON BIENVENIDAS.

BRING THE WHOLE FAMILY EACH WEEK FOR A SPECIAL HALF-HOUR BILINGUAL STORYTIME. ALL AGES ARE WELCOME.

FUN FOR KIDS



MAKERSPACE CLASSES

REGISTRATION REQUIRED. REGISTER AT [LIBRARY.OREMO.GOV](https://library.oremo.gov).

COSTUME & COSPLAY CLINIC

7-8:30PM | AGE: 8+ | FEE: FREE

- **MON, SEP 8 | SORENSON LEGACY ROOM**
- **MON, SEP 22 | HILLCREST PARK CENTER**

GET EXPERT ADVICE AND USE PROVIDED TOOLS & MATERIALS TO MAKE YOUR COSTUME EXTRA AMAZING THIS YEAR. WE'LL PROVIDE GLUE GUNS, CRAFT KNIVES, SCISSORS, PAINT, GREEBLES, ETC. YOU BRING WHATEVER OTHER MATERIALS YOU NEED AND YOUR CREATIVE COSTUME IDEAS!

MEMORIAL SUBLIMATION FLAGS

7-8:30PM | GRADE: 7-12 | FEE: \$5

- **MON, OCT 13 | SORENSON LEGACY ROOM**
- **MON, OCT 20 | HILLCREST PARK CENTER**

JOIN US FOR A SPECIAL SUBLIMATION PRINTING ACTIVITY WHERE YOU CAN CREATE A 12X18" FABRIC BANNER FEATURING A PHOTO OF A LOVED ONE. THIS PROJECT LETS YOU PRESERVE MEMORIES IN VIBRANT, PERMANENT COLOR. BRING A HIGH-RESOLUTION DIGITAL IMAGE (USB DRIVE OR EMAIL ATTACHMENT), AND STAFF WILL GUIDE YOU THROUGH EDITING, PRINTING, AND HEAT PRESSING YOUR DESIGN.

CUSTOM HOLIDAY ORNAMENT BUTTONS

7-8:30PM | AGE: 10+ | FEE: \$5

- **MON, NOV 3 | SORENSON LEGACY ROOM**
- **MON, NOV 17 | HILLCREST PARK CENTER**

IN THIS HANDS-ON WORKSHOP, PATRONS CAN USE OUR BUTTON MACHINES TO CRAFT FIVE CUSTOM 2.25" ROUND BUTTON KEYCHAINS—PERFECT FOR CONVERTING INTO UNIQUE HOLIDAY ORNAMENTS. BRING YOUR OWN 2.5" PRINTED IMAGES, OR LET STAFF HELP YOU DESIGN AND PRINT DURING THE SESSION (BRING DIGITAL COPIES OF THE IMAGES).



FAMILY MOVIE NIGHTS

6PM | ASHTON AUDITORIUM

JOIN US FOR A FUN, FAMILY-FRIENDLY MOVIE NIGHT!

MON, SEP 8 | ELEMENTAL (PG, 2023)

MON, OCT 6 | THE DAY THE EARTH BLEW UP:
A LOONEY TUNES MOVIE (PG, 2024)

MON, NOV 3 | THE LION KING (G, 1994)

MOVIE NIGHTS

6PM | ASHTON AUDITORIUM

FRI, SEP 19 | SUPERMAN (PG, 1978)

FRI, OCT 17 | HOCUS POCUS (PG, 1993)

FRI, NOV 21 | WEST SIDE STORY (NR, 1961)

FRI, DEC 19 | ELF (PG, 2003)

FILM SCREENINGS

6PM | MEDIA AUDITORIUM

JOIN US FOR A FREE FILM SCREENING EVERY MONDAY + FRIDAY
FULL LINE-UP AT library.oreem.gov.

CHRISTMAS MOVIE CLASSICS FOR KIDS

10AM & 11:15AM | MEDIA AUDITORIUM

TUE, DEC 2 | FROSTY THE SNOWMAN (G, 1969)

WED, DEC 3 | RUDOLPH THE RED-NOSED REINDEER (NR, 1964)

TUE, DEC 9 | THE SNOWMAN (G, 1982)

WED, DEC 10 | HOW THE GRINCH STOLE CHRISTMAS (NR, 1966)

TUE, DEC 16 | MICKEY'S CHRISTMAS CAROL (NR, 1963)

WED, DEC 17 | SANTA CLAUS IS COMIN' TO TOWN (NR, 1970)

TUE, DEC 23 | A CHARLIE BROWN CHRISTMAS (NR, 1965)

TUE, DEC 30 | OLAF'S FROZEN ADVENTURE (G, 2017)

TEEN LIBRARY EVENTS



WRITING WORKSHOP

MAKE AND TAKE CREATIVE WRITER'S PROMPT JAR

TUE, SEP 30 | 7PM | GRADE: 7-12

SORENSEN LEGACY ROOM

JOIN AUTHOR ASHLEE MONTELONGO FROM MONTE HOUSE BOOKS FOR A FUN AND INTERACTIVE CREATIVE WRITING WORKSHOP! YOU'LL GET TO MAKE YOUR VERY OWN WRITER'S PROMPT JAR FILLED WITH EXCITING IDEAS TO SPARK YOUR IMAGINATION AND HELP YOU OVERCOME WRITER'S BLOCK. DISCOVER NEW WAYS TO GET YOUR CREATIVE JUICES FLOWING AND TAKE HOME A TOOL TO INSPIRE YOUR WRITING WHENEVER YOU NEED IT.

HALLOWEEN PARTY

SAT, OCT 18 | 7PM | GRADE: 7-12 | MEDIA AUDITORIUM

IT'S SPOOKY SEASON! COME CELEBRATE THIS SPINE-TINGLING TIME OF YEAR WITH CLASSIC GAMES SUCH AS MURDER IN THE DARK AND MAFIA. FEEL FREE TO BRING THE MAGIC AND DRESS UP.

80S BASH

SAT, NOV 15 | 7PM | GRADE: 7-12 | MEDIA AUDITORIUM

COWABUNGA! CALLING ALL TOTALLY TUBULAR TEENS! JOIN US FOR A RADICAL NIGHT AS WE JUMP BACK IN TIME AND PARTY LIKE IT'S THE 80S! MAKE ABSOLUTELY FLY FRIENDSHIP PINS, SING KARAOKE, AND PLAY GAMES THAT WILL TAKE YOU BACK IN TIME!

DUNGEONS & DRAGONS TEEN CLUB

EVERY 3RD THU | 4-6PM | GRADE: 7-12

SORENSEN LEGACY ROOM

ARE YOU A TEEN AND AN AVID FAN OF FANTASY ROLE-PLAYING GAMES? BRING YOUR DICE AND MEET OTHER PLAYERS, CREATE NEW CHARACTERS, AND EMBARK ON MAGICAL QUESTS. NO DMS OR TUTORIALS PROVIDED. ALL EXPERIENCE LEVELS ARE WELCOME.

MOVIE: OCEAN'S ELEVEN

SAT, SEP 20 | 7PM | GRADE: 7-12 | MEDIA AUDITORIUM

JOIN US FOR AN EPIC MOVIE NIGHT WHERE WE WATCH THE CLASSIC HEIST MOVIE OCEAN'S ELEVEN! (PG-13, 2001)

WORK WITH US

JOIN OUR TEAM!

APPLY ONLINE :
[JOBS.OREM.GOV](https://jobs.orem.gov)

DIVE INTO A REWARDING CAREER IN RECREATION AND SPORTS! JOIN A DYNAMIC TEAM DEDICATED TO CREATING UNFORGETTABLE EXPERIENCES. ELEVATE YOUR COMMUNITY RECREATION AND SPORTS—WHERE EVERY DAY IS A NEW OPPORTUNITY TO MAKE A POSITIVE IMPACT. POSITIONS INCLUDE SEASONAL AND PART-TIME OPTIONS.

**VIEW OUR CURRENT JOB
BOARD**



**DESK + ADMISSIONS
LIFEGUARD
SPORTS OFFICIAL*
SPORTS SCOREKEEPER
SITE SUPERVISOR*
SPORTS INSTRUCTOR**
CONCESSIONS
SWIM INSTRUCTOR
PROGRAM INSTRUCTOR**
AND MORE**

*MAY WORK AT A VARIETY OF FACILITIES
THROUGHOUT OREM INCLUDING OREM FACILITIES
AND SCHOOLS

**INCLUDES A VARIETY OF SPORTS AND
PROGRAMS LIKE TENNIS, BASKETBALL, PICKLEBALL,
SOFTBALL, PRESCHOOL PROGRAMS, GYMNASTICS,
DANCE, AND TUMBLING



SLEEPY RIDGE



THE LINKS AT SLEEPY RIDGE

ENJOY WORLD CLASS GOLFING AT THE LINKS AT SLEEPY RIDGE. WHETHER YOU'RE LOOKING FOR PRIVATE LESSONS, LEAGUE PLAY, OR JUST A ROUND WITH FRIENDS, VISIT [SLEEPYRIDGEGOLF.COM](https://sleepyridgegolf.com) TO GET STARTED TODAY.

- ALONG THE EASTERN SHORES OF UTAH LAKE
- 18 HOLE GOLF COURSE
- ONSITE CAFE
- LEAGUES AND LESSONS AVAILABLE
- WEDDING RENTALS

**SCHEDULE YOUR
TEE TIME TODAY**



RENTALS

HILLCREST PARK CENTER

THE HILLCREST INDOOR FACILITY IS PERFECT FOR FAMILIES, BUSINESSES, COMMUNITY GATHERINGS OR ANY KIND OF CELEBRATION! THIS BRAND NEW FACILITY IS DESIGNED TO BE VERSATILE WITH GAMES, SPORTS, AND IS A GREAT PLACE FOR ANY BIG GROUP PARTY. THE INDOOR SPORT COURT CAN BE CONVERTED TO A NUMBER OF OPTIONS BETWEEN VOLLEYBALL, BASKETBALL, AND PICKLEBALL. MAX CAPACITY IS SET TO 200-300 PEOPLE IN THE FACILITY. TABLES AND CHAIRS NOT INCLUDED.

COMPLETE DETAILS CAN BE FOUND ONLINE AT:
OREMRECREATION.COM/HILLCREST-COMMUNITY-CENTER

FACILITY AMENITIES INCLUDED IN RENTAL:

- LARGE BASKETBALL COURT
- GAMING STATIONS (XBOX/NINTENDO SWITCH)
- SPORTS TVS FOR GAME NIGHTS (ESPN, ESPN 2, FOX)
- POOL, SHUFFLEBOARD AND MINI SOCCER
- CONCESSIONS (AVAILABLE FOR AN ADDITIONAL FEE)

RENTAL HOURS + PRICING:

- FRIDAY AND SATURDAY RENTAL AVAILABILITY
- AVAILABLE RENTAL HOURS: 5-10PM
- FEE: \$125/HR + \$50 CLEANING FEE

HILLCREST PARK CENTER
GAME ROOM



HILLCREST PARK CENTER GYM



LAKE SIDE SPORTS FIELDS

SPORTS FIELDS

ALL ATHLETIC FIELDS/FACILITY RENTALS REQUIRE INSURANCE, RENTAL AGREEMENT, AND MUST BE PAID IN FULL FOR A COMPLETE RESERVATION. SUBMISSIONS FOR CERTAIN RENTAL REQUESTS ARE TAKEN UP TO 13 MONTHS IN ADVANCE, BUT PREFERABLY WITH AT LEAST 3 WEEKS NOTICE. ONCE WE RECEIVE THE SUBMITTED FORM, WE WILL CONTACT YOU WITH ADDITIONAL INFORMATION TO FINALIZE YOUR BOOKING. FEES VARY. **VISIT: [OREMRECREATION.COM/RENTALS](https://oremrecreation.com/rentals)**

MULTIPURPOSE ROOM

OUR MULTI PURPOSE ROOMS AT THE OREM FAMILY FITNESS CENTER ARE PERFECT FOR FAMILIES, BUSINESSES, COMMUNITY GATHERINGS OR ANY KIND OF CELEBRATION! WE HAVE OUR EAST WING AND WEST WING ROOMS THAT CAN BE COMBINED AS ONE IF NEEDED (FOR LARGER PARTIES). FULL ROOM POLICIES AND RULES ONLINE. PRICING STARTS AT \$50/2 HOURS PER WING FOR BIRTHDAY PARTIES, AND \$50/HOUR PER WING FOR FAMILY GATHERINGS, BUSINESS GATHERINGS, ETC, WITH AN ADDITIONAL \$50 CLEANING FEE.

VISIT: [OREMRECREATION.COM/ROOM-RENTALS](https://oremrecreation.com/room-rentals)

2026 PARK PAVILION RENTAL SEASON

OPENS:

- **FEBRUARY 1: OREM RESIDENTS**
- **MARCH 1: NON-OREM RESIDENTS**

CREATE AN ACCOUNT TO CHECK AVAILABILITY AT [OREM.ORG/PARKS](https://orem.org/parks) -> RESERVE A PAVILION

2026 SCERA POOL RENTAL SEASON

OPENS:

- **JANUARY 1: OREM RESIDENTS**
- **FEBRUARY 1: NON-OREM RESIDENTS**



MULTIPURPOSE ROOM

UPCOMING CITY EVENTS

NEW TASTE OF OREM

SAT, SEP 20 | 12-8PM | OREM CITY CENTER PARK

TASTE OF OREM IS A VIBRANT FOOD AND CULTURAL ARTS FESTIVAL DESIGNED TO CELEBRATE THE RICH VARIETY OF FOOD, CULTURES, MUSIC, AND ART WITHIN OUR COMMUNITY. A SELECT GROUP OF OREM RESTAURANTS IS INVITED TO SHOWCASE A VARIETY OF CUISINES BY OFFERING SAMPLES OF THEIR SIGNATURE MENU ITEMS.

DECIDE WHICH ONES YOU LOVE AND THEN HEAD TO THE RESTAURANT FOR MORE! HERE IS A BASIC OVERVIEW OF HOW IT WORKS: PATRONS PURCHASE TICKET PACKAGES & THEN REDEEM TICKETS AT RESTAURANT SAMPLING BOOTHS FOR SAMPLE-SIZED PORTIONS OF THE RESTAURANT'S SIGNATURE DISHES. MUSIC IN THE PARK FROM SEP 19-20. VISIT OREM.GOV/TASTE FOR MORE INFO!

FAMILY HEALTH FESTIVAL

MON, SEP 29 | 4:30-7:30 PM | OREM COMMUNITY HOSPITAL

ALONG WITH INTERMOUNTAIN OREM COMMUNITY HOSPITAL, THE FAMILY HEALTH FESTIVAL BRINGS TOGETHER FRIENDS, FAMILIES, AND NEIGHBORS TOGETHER FOR FOOD, FUN, AND HEALTH INFORMATION.

FIRE PREVENTION NIGHT

TUE, OCT 7 | 4-7PM | OREM CITY CENTER PARK

THIS ANNUAL TRADITION IS AN EXCITING WAY TO TEACH YOUR KIDS ABOUT FIRE SAFETY, GET TO KNOW THE OREM FIRE DEPARTMENT, AND SEE OUR FIREFIGHTERS IN ACTION. THERE WILL BE FOOD, DRINKS, GAMES, FIRE DEMOS AND PRIZES! DON'T MISS IT!

TRUCK-OR-TREAT

SAT, OCT 18 | 11AM-2PM | THE ORCHARD AT UNIVERSITY PLACE MALL

OUR ANNUAL HALLOWEEN EVENT AT UNIVERSITY PLACE MALL. COME AND SEE ALL THE VEHICLES THAT KEEP A CITY ROLLING. DRESS IN YOUR COSTUME AND COME AND GET SOME TREATS! FIRE TRUCKS, DUMP TRUCKS, POLICE CARS, GARBAGE TRUCKS, AND SO MUCH MORE! THERE WILL BE A SENSORY HOUR FROM 10-11AM FOR THOSE WHO NEED A LITTLE LESS STIMULATION.



FIRE SAFETY NIGHT



FAMILY HEALTH FESTIVAL

LIGHTS ON



VETERAN'S DAY PROGRAM

TUE, NOV 11 | 11AM | OREM CITY CEMETERY

A DAY OF REMEMBRANCE FOR A LIFETIME OF SERVICE. COME JOIN US AS WE HONOR OUR VETERANS. OUR VETERAN'S DAY PROGRAM WILL FEATURE PATRIOTIC MUSIC, FLAG PRESENTATIONS, AND TRIBUTES.

LIGHTS ON

MON, DEC 1 | 5-8PM | OREM CITY CENTER PARK

KICK OFF THE HOLIDAY SEASON WITH OUR ANNUAL TREE LIGHTING AT OREM CITY CENTER PARK. ACTIVITIES INCLUDE TRAIN RIDES ON THE OREM EXPRESS, PICTURES WITH SANTA, A HOLIDAY MARKET AND FREE TREATS AND CRAFTS.

STAY UPDATED ON CITY EVENT
DETAILS BY FOLLOWING
@OREM_CITY ON INSTAGRAM
AND FACEBOOK OR VISIT
OREM.GOV/CALENDAR



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OREM, UT 84057**

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