

Orem Recreation Department
Orem Track Club
2021 Schedule

April 12 = practice from 4:00-5:00 PM

There will be a brief PARENT MEETING AT 4:15 PM in the bleachers. (Parents please plan to attend so you will know what to expect from this program.)

April 14 = NO PRACTICE (moved to Thurs, April 15)

April 15 = practice from 4:00- 5:00 PM

April 19 = practice from 4:00- 5:00 PM (**Intrasquad Meet**)

April 21 = NO PRACTICE (moved to Thurs, April 22)

April 22 = practice from 4:00- 5:00 PM

April 26 = practice from 4:00- 5:00 PM

April 27= Meet @ Mountain View High School (665 W Center St., Orem).

Field events @ 5:00 pm. Running events @ 5:30 pm

April 28 = no practice (meet on Tues, April 27)

May 3 = practice from 4:00- 5:00 PM

May 5 = Meet @ Spanish Fork High. (99 N 300 W, Spanish Fork).

Field events @ 5:00 pm. Running events @ 5:30 pm

May 10 = practice from 4:00- 5:00 PM

May 12 = no practice

May 17 = Meet @ Mountain View High School (665 W Center St., Orem).

Field events @ 5:00 pm. Running events @ 5:30 pm

May 19 = practice from 4:00- 5:00 PM

May 24 = practice from 4:00- 5:00 PM

May 26 = Meet @ Provo High School (1199 Lakeshore Dr, Provo).

Field events @ 5:00 pm. Running events @ 5:30 pm

May 31 = No practice due to Memorial Day

June 2 = practice from 9:30 - 10:30 AM

Regional Meet June 5th @ Pleasant Grove High (700 E 200 S, PG).

Field events @ 10 am; Running events @ 10:30 am

PLEASE NOTE: 1-4 place finishers of each event at the Regional Meet in Pleasant Grove will qualify for the Championship on June 16th in Nephi at Juab High School (802 N 650 E, Nephi). Events will begin at 5:00 PM. (Participants will be on their own as coaches are done on June 5).

Coaches: Mike Strauss & Fiona Ambrose

Program Coordinator: Tanner Morris @ tcmorris@orem.org (Orem Recreation Department)

Notes:

1. All practice and meets (unless otherwise specified) will be at Mountain View High School Track (665 W Center St., Orem). Please drop off and pick your child up ON TIME. When track practice ends, the coaches will be leaving so there will be nobody there with your child.
2. Volunteers are needed for the track meets. It is expected that a parent volunteer helps with at least one meet during the course of the season. Please let Tanner know which meet you are available to help with.
3. Please make sure that your child is prepared for the weather. Track practices and meets are held in all kinds of weather. If the weather is too extreme, track practice/meet will be canceled and not all rescheduled. Please send jackets, warm clothes, sun block, etc. so your child is prepared. Our weather hotline # is 801.229.7101

4. Transportation is NOT provided. Each participant is responsible to get to meets and practices on their own.